

## Disclaimer

This webinar is not to be used instead of going to a competent doctor. I do not direct, nor indirectly dispense medical advice nor prescribe in any way alternative treatment.

In the event you use this information, which is only of historical value, you are prescribing for yourself which is still your constitutional right. I assume no responsibility.

I am independent in my attempt to educate the public. Although I do endorse some top quality products, I receive no financial support from any health or herb company for producing and sharing this information.

I also believe it is a crime that we have to pussy foot around the truth because there is a law that says that I cannot declare what changing your lifestyle and diet can do for your health, but I love this great country and will do my best to try to obey their law, even if I strongly disagree with them..

Natural health works slowly. I suggest that you do not stop medication without guidance of a doctor. I say this not only because it is the law, but because I BELIEVE STOPPING MEDICATION WITHOUT THE GUIDANCE OF A DOCTOR IS UNWISE AND DANGEROUS.

If you would like to make healthier changes in my diet and my doctor was not willing to help you while you work with a natural health practitioner, I suggest you find a doctor who values and respects his patient's rights and fire the doctor who would not!



MarysHerbs.com

---

---

---

---

---

---

---

---

---

---

Welcome!!!  
Just hang On :o)  
Our meeting will start soon.



MarysHerbs.com

---

---

---

---

---

---

---

---

---

---



MarysHerbs.com

---

---

---

---

---

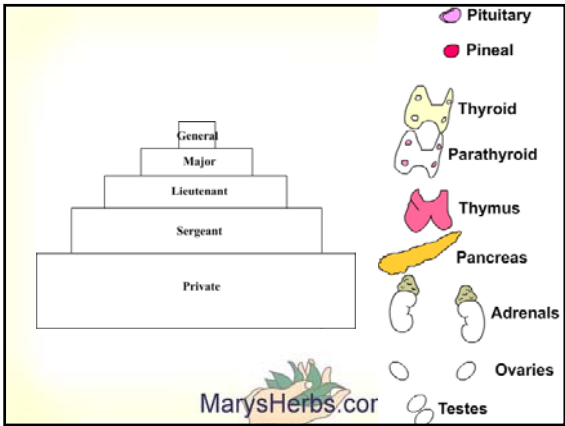
---

---

---

---

---




---

---

---

---

---

---

---

---

HORMONES...A product of living cells that circulates in body fluids or sap and produces a specific effect on the activity of cells remote from its point of origin ; *especially* : one exerting a stimulatory effect on a cellular activity.

Start  
Stop  
Next  
Hormone Remote

MarysHerbs.com

---

---

---

---

---

---

---

---

Hormone

Fatty Acid/Cholesterol/Amino Acid

MarysHerbs.com

---

---

---

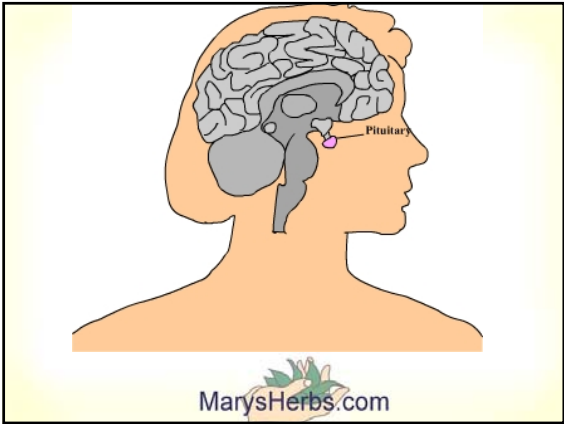
---

---

---

---

---



---

---

---

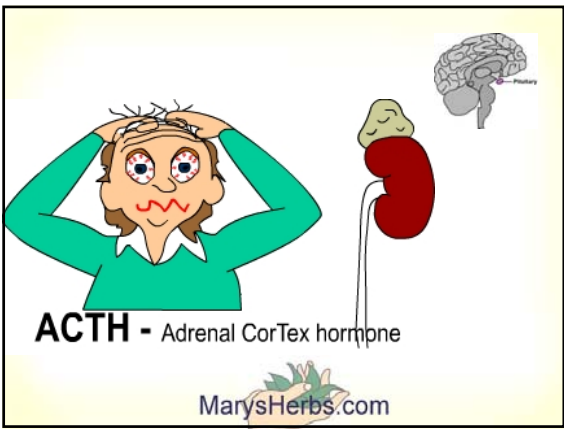
---

---

---

---

---



---

---

---

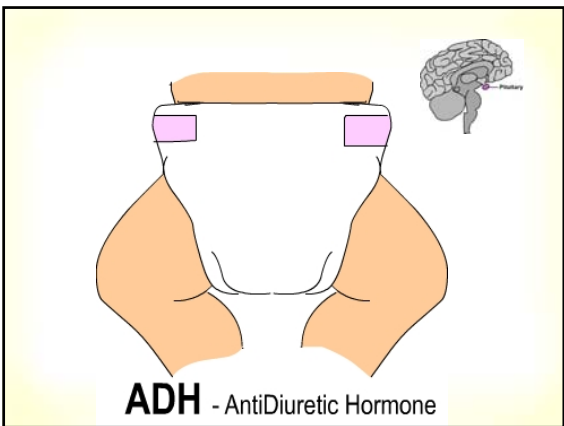
---

---

---

---

---



---

---

---

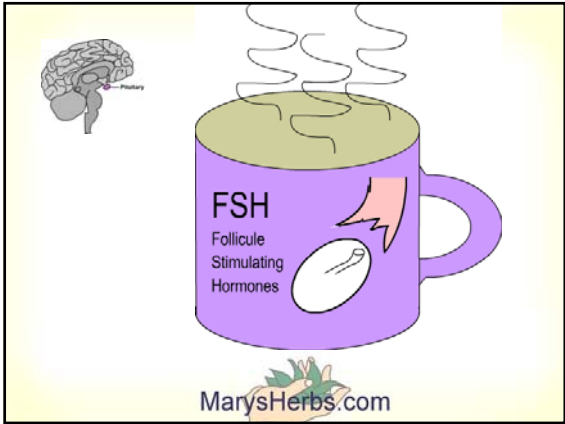
---

---

---

---

---



---

---

---

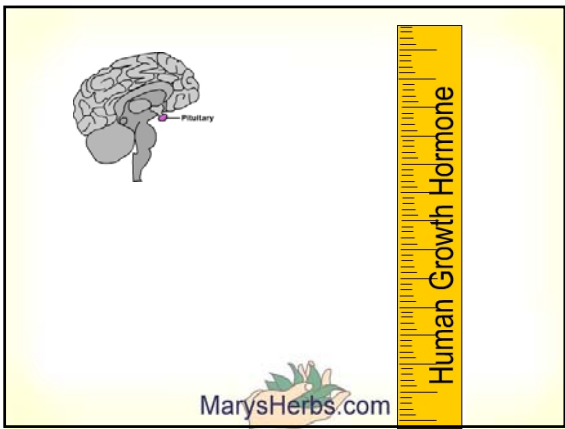
---

---

---

---

---



---

---

---

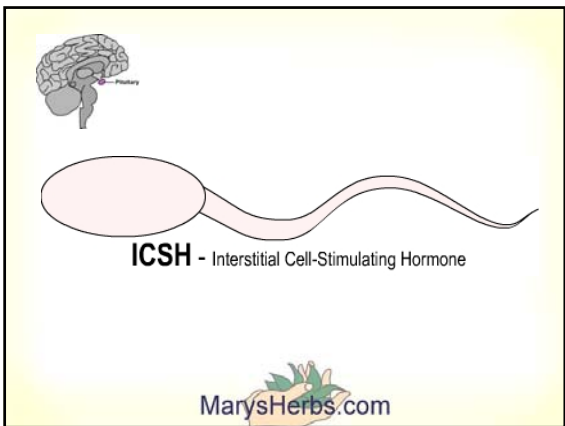
---

---

---

---

---



---

---

---

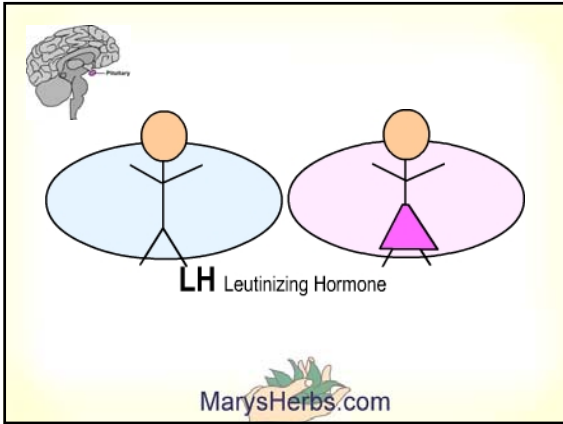
---

---

---

---

---



---

---

---

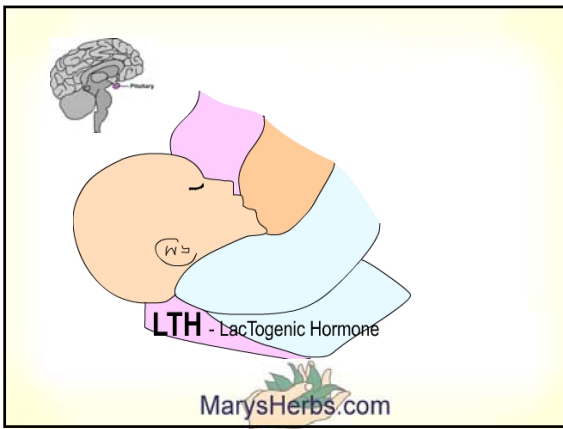
---

---

---

---

---



---

---

---

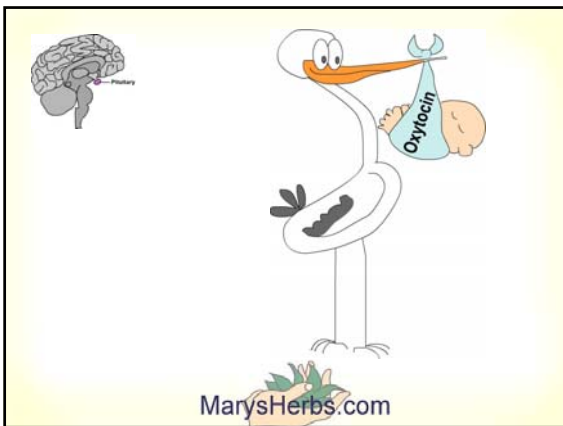
---

---

---

---

---



---

---

---

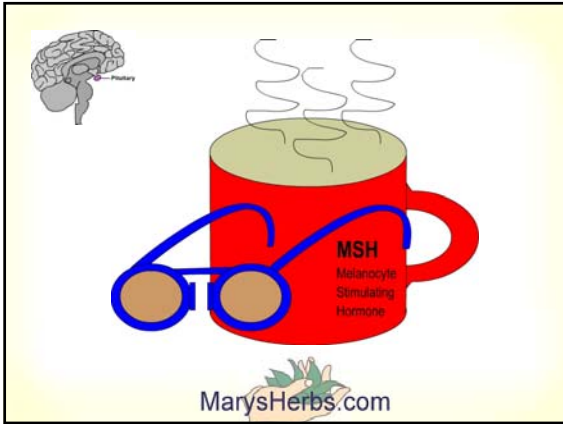
---

---

---

---

---




---

---

---

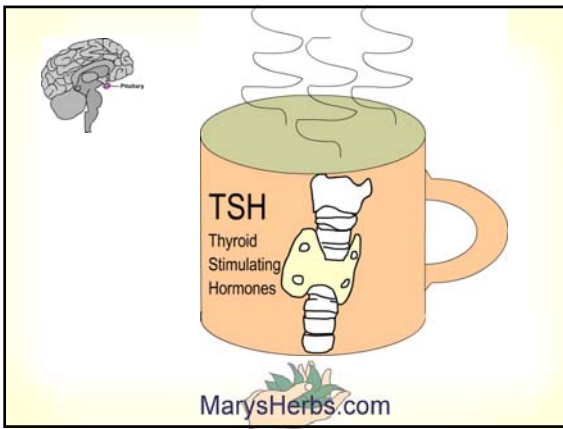
---

---

---

---

---




---

---

---

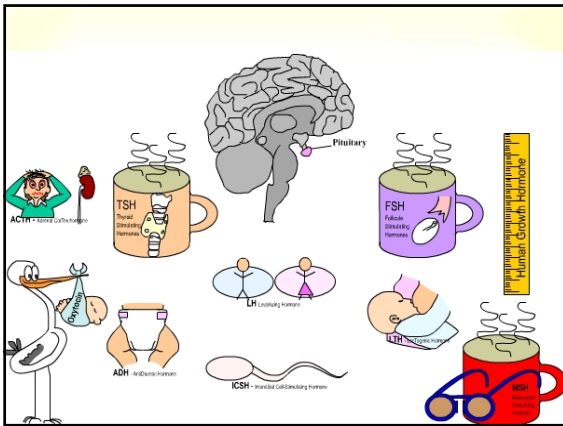
---

---

---

---

---




---

---

---

---

---

---

---

---

## Nutrients for the Pituitary Gland

- Alfalfa
- Sage
- B Complex
- Parsley

As a base Mastergland formula for all the glands



---

---

---

---

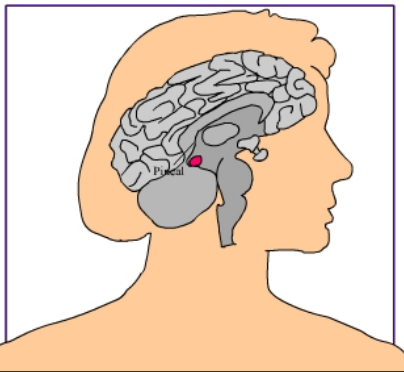
---

---

---

---

## Pineal Gland



---

---

---

---

---

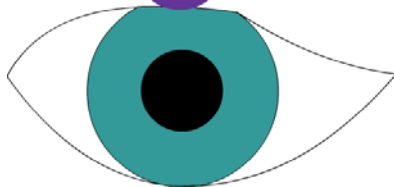
---

---

---



# 3



---

---

---

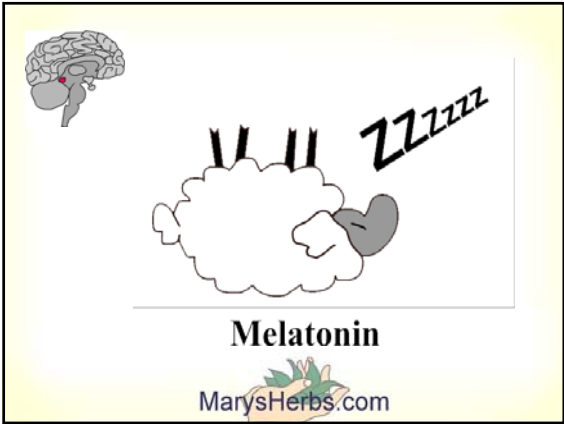
---

---

---

---

---



---

---

---

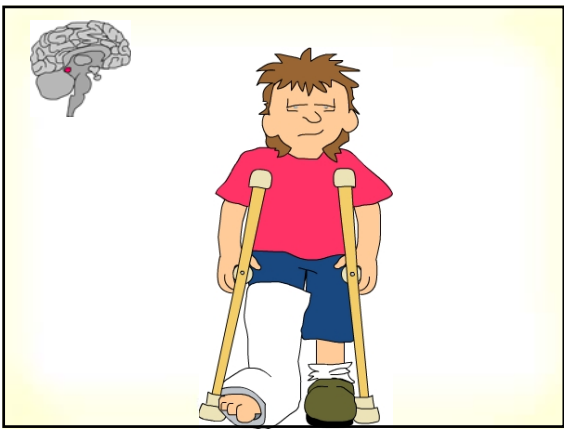
---

---

---

---

---



---

---

---

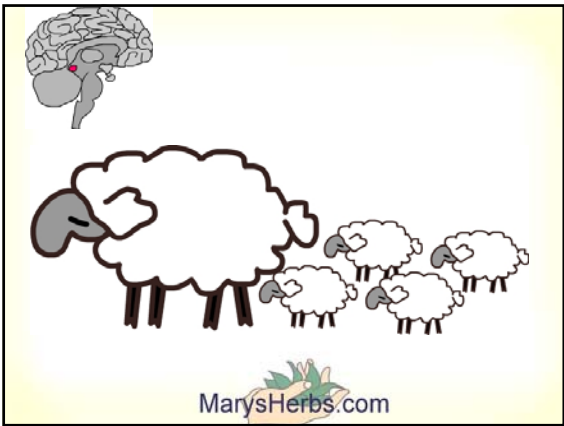
---

---

---

---

---



---

---

---

---

---

---

---

---

## Nutrients for the Pineal Gland

- Noni
- Sage
- B-Complex
- Blueberry
- Black Berries
- Elderberry
- Thai go



---

---

---

---

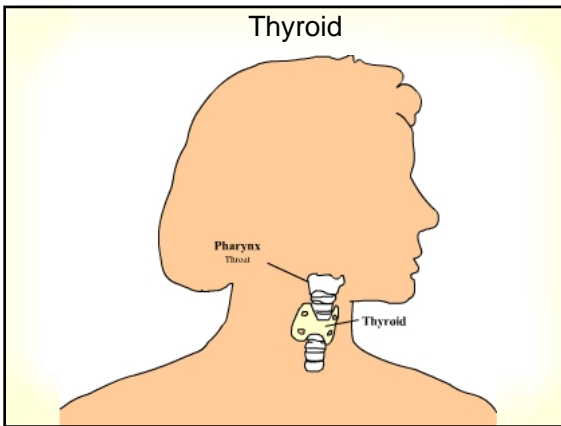
---

---

---

---

## Thyroid



---

---

---

---

---

---

---

---



---

---

---

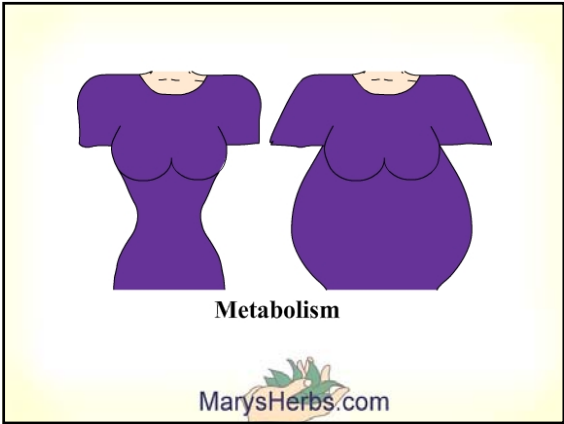
---

---

---

---

---



---

---

---

---

---

---

---

---

### Nutrients for the Thyroid

- Iodine
- Kelp
- Spirulina
- Dulse
- Irish Moss
- Black Walnut
- Thyroid Activator
- Thyroid Support (thyroid and brain (anterior pituitary and hypothalamus) glandular substances)
- Target TS II

Energy Enhance Patch

MarysHerbs.com

A text-based graphic on a light yellow background listing various nutrients and products for thyroid support. The list includes Iodine, Kelp, Spirulina, Dulse, Irish Moss, Black Walnut, Thyroid Activator, Thyroid Support (with a sub-note about glandular substances), and Target TS II. Below the list is the "Energy Enhance Patch" and the MarysHerbs.com logo.

---

---

---

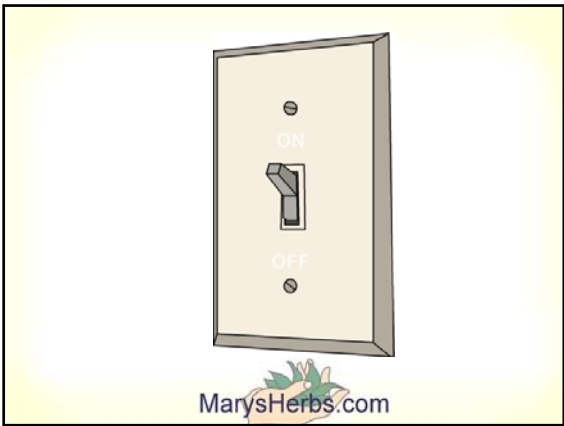
---

---

---

---

---



---

---

---

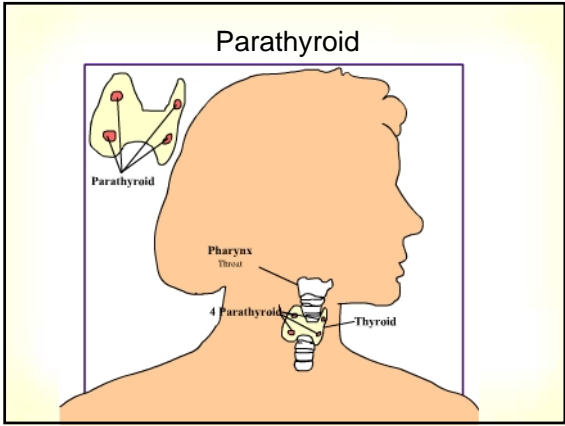
---

---

---

---

---



---

---

---

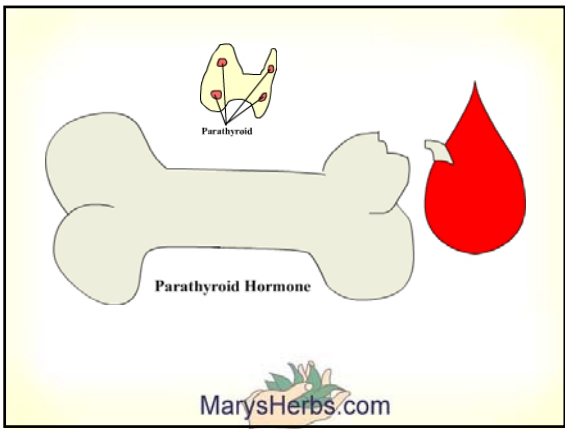
---

---

---

---

---



---

---

---

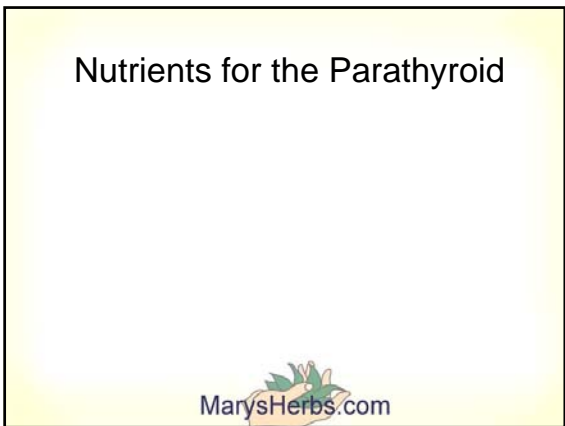
---

---

---

---

---



---

---

---

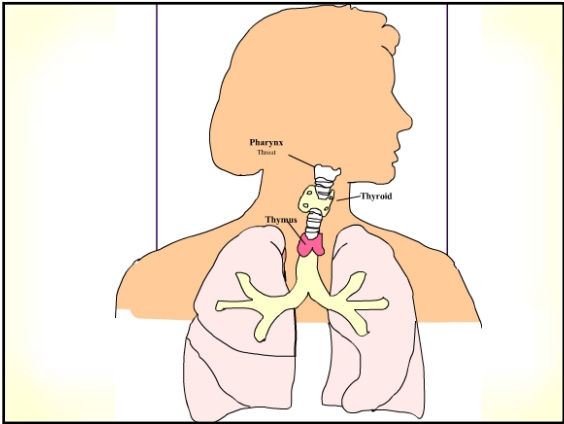
---

---

---

---

---



---

---

---

---

---

---

---

---

**Nutrients for the Thymus**

- THIM-J
- Spirulina
- Energy Enhance Patch

  
MarysHerbs.com

---

---

---

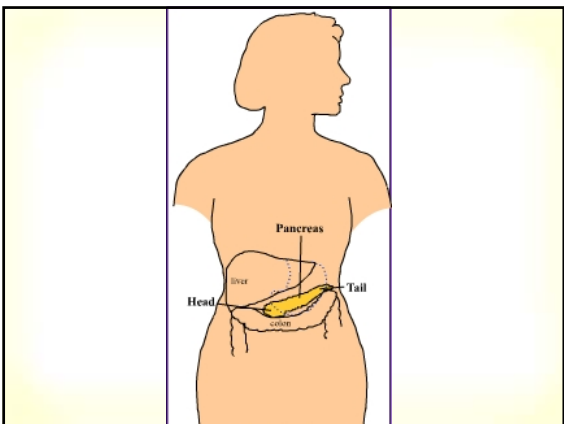
---

---

---

---

---



---

---

---

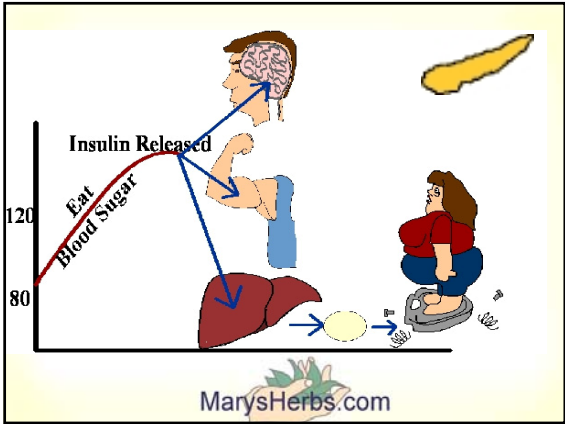
---

---

---

---

---




---



---



---



---



---



---



---

- ### Nutrients for the Pancreas
- Sodium
  - Stevia
  - Juniper berries
  - Dandelion
  - Blood Sugar Formula AV
  - ProPancreas
- MarysHerbs.com

---



---



---



---



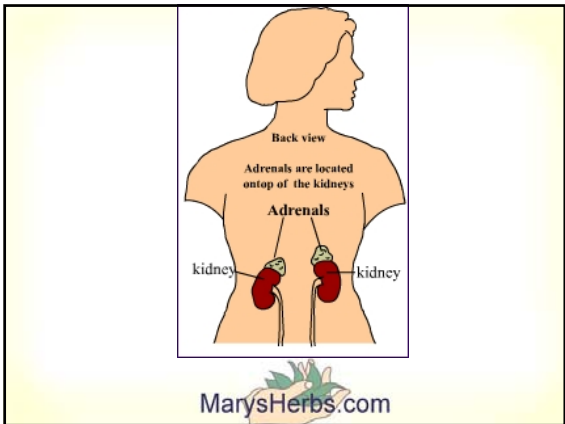
---



---



---




---



---



---



---



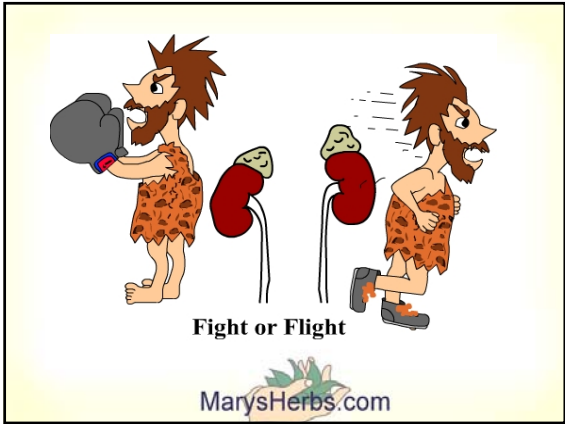
---



---



---



---

---

---

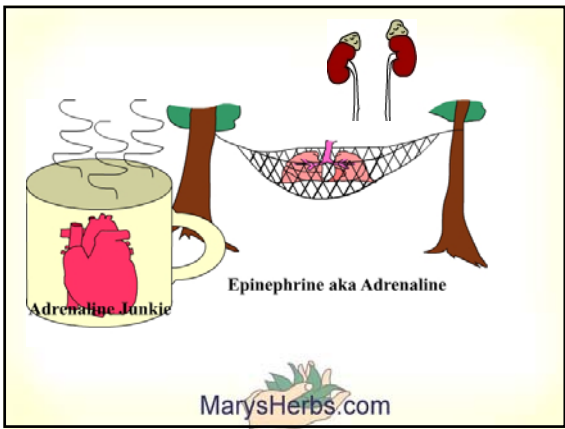
---

---

---

---

---



---

---

---

---

---

---

---

---



---

---

---

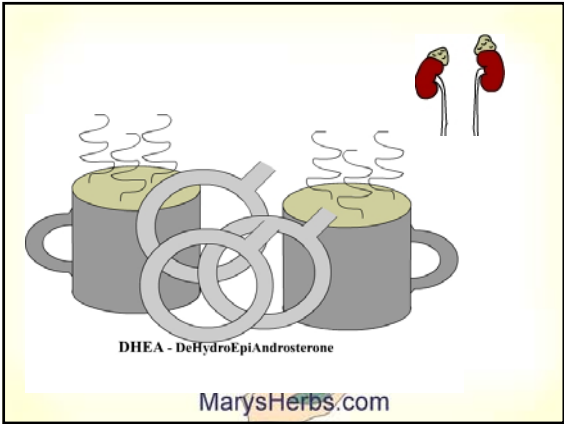
---

---

---

---

---



---

---

---

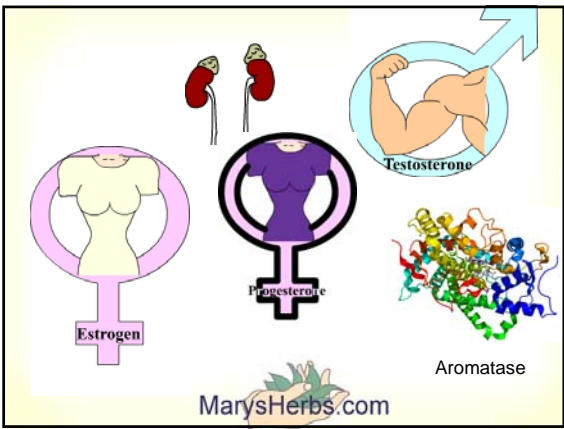
---

---

---

---

---



---

---

---

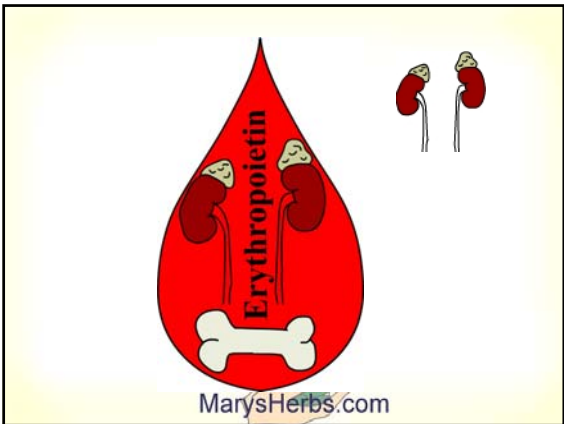
---

---

---

---

---



---

---

---

---

---

---

---

---

## Nutrients for the Adrenals

- Parsley
- B-5 Pantothenic acid
- Vitamin C
- Sodium
- Licorice Root
- Adrenal Support (bovine adrenal gland)
- Mood Elevator
- Nervous Fatigue

•AEON Patch  MarysHerbs.com

---

---

---

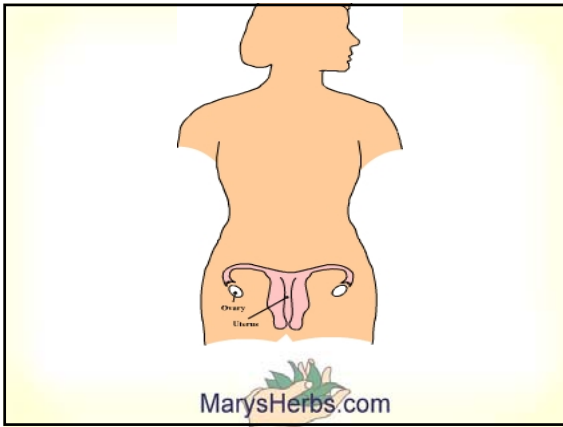
---

---

---

---

---



---

---

---

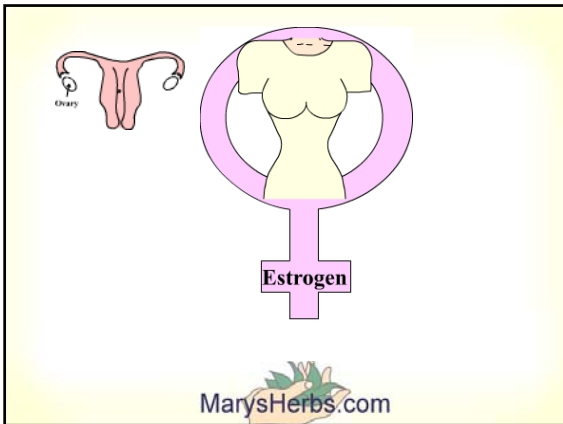
---

---

---

---

---



---

---

---

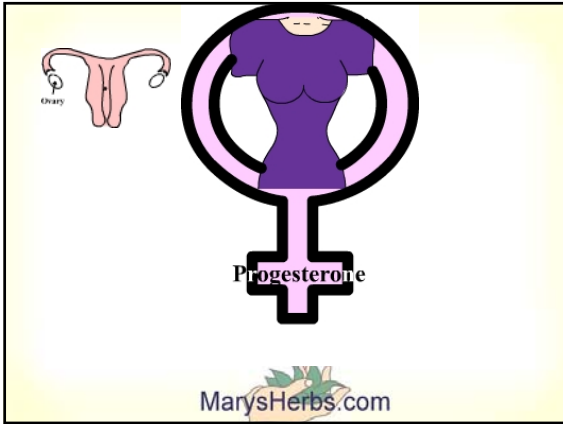
---

---

---

---

---




---

---

---

---

---


---

---

---

### Nutrients for Ovaries

- Red Raspberry
- Calcium
- Female comfort
- FCS II
- Lachesis (homeopathic)
- Belladonna (homeopathic)
- Progyam 500

  
 MarysHerbs.com

---

---

---

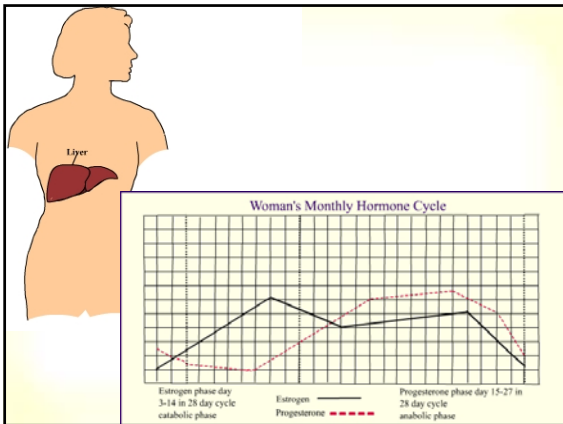
---

---

---

---

---




---

---

---

---

---

---

---

---

### Nutrients for the Liver

- Dandelion
- Asparagus
- Zucchini
- Liver cleanse formula
- LivGuard
- Liver Support
- Chinese Liver Balance
- Milk Thistle



---

---

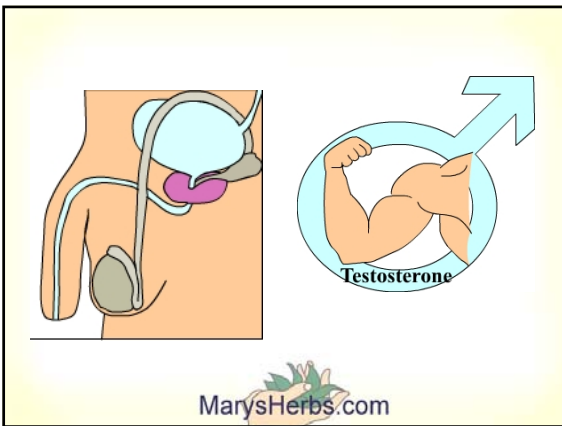
---

---

---

---

---



---

---

---

---

---

---

---

### Nutrients for the Gonads

- Zinc
- Damiana
- Saw Palmetto
- X-Action for Men



---

---

---

---

---

---

---



---

---

---

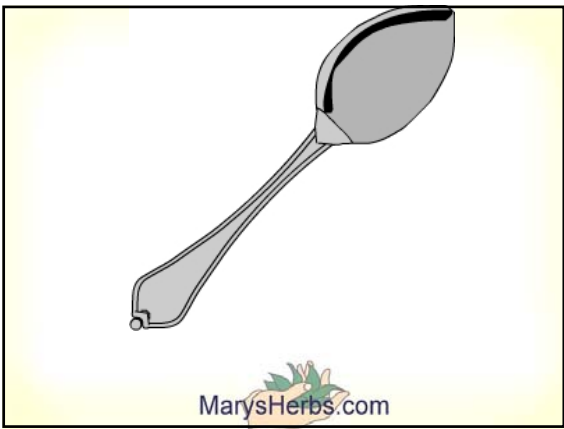
---

---

---

---

---



---

---

---

---

---

---

---

---



---

---

---

---

---

---

---

---

Contact:

Tara Belderok

[LetsGetHealthy123Go@gmail.com](mailto:LetsGetHealthy123Go@gmail.com)

816-903-3377

<http://mynsp.com/letsgethealthy123go>

Mary

[MarysHerbs@aol.com](mailto:MarysHerbs@aol.com)

717-898-2220



MarysHerbs.com

---

---

---

---

---

---

---

---

Disclaimer

This webinar is not to be used instead of going to a competent doctor. I do not directly nor indirectly dispense medical advice nor prescribe in any way alternative treatment:

In the event you use this information, which is only of historical value, you are prescribing for yourself which is still your constitutional right. I assume no responsibility.

I am independent in my attempt to educate the public. Although I do endorse some top quality products, I receive no financial support from any health or herb company for producing and sharing this information.

I also believe it is a crime that we have to pussy foot around the truth because there is a law that says that I cannot declare what changing your lifestyle and diet can do for your health, but I love this great country and will do my best to try to obey their law, even if I strongly disagree with them..

Natural health works slowly. I suggest that you do not stop medication without guidance of a doctor. I say this not only because it is the law, but because I BELIEVE STOPPING MEDICATION WITHOUT THE GUIDANCE OF A DOCTOR IS UNWISE AND DANGEROUS.

If you would like to make healthier changes in my diet and my doctor was not willing to help you while you work with a natural health practitioner, I suggest you find a doctor who values and respects his patient's rights and fire the doctor who would not!



MarysHerbs.com

---

---

---

---

---

---

---

---