

Welcome!!!  
Just hang On :o)  
Our meeting will start soon.



MarysHerbs.com

### Disclaimer

This webinar is not to be used instead of going to a competent doctor. I do not directly nor indirectly dispense medical advice nor prescribe in any way alternative treatment!

In the event you use this information, which is only of historical value, you are prescribing for yourself which is still your constitutional right. I assume no responsibility.

I am independent in my attempt to educate the public. Although I do endorse some top quality products, I receive no financial support from any health or herb company for producing and sharing this information.

I also believe it is a crime that we have to pussy foot around the truth because there is a law that says that I cannot declare what changing your lifestyle and diet can do for your health, but I love this great country and will do my best to try to obey their law, even if I strongly disagree with them...


Natural health works slowly. I suggest that you do not stop medication without guidance of a doctor. I say this not only because it is the law, but because I BELIEVE STOPPING MEDICATION WITHOUT THE GUIDANCE OF A DOCTOR IS UNWISE AND DANGEROUS.

If you would like to make healthier changes in my diet and my doctor was not willing to help you while you work with a natural health practitioner, I suggest you find a doctor who values and respects his patient's rights and fire the doctor who would not!



MarysHerbs.com

### If I suspected that I had Cancer



- I would not ignore symptoms, hoping it goes away
- I wouldn't think of it as a death sentence
- I would use the best of both worlds
- I would get a second opinion on ANY treatment... medical or natural

MarysHerbs.com

### Diagnosis and Medical Treatment


Use the Best of Both Worlds!

Tests

- PSA
- Pap Smear
- Breast Ultrasound
- C-Reactive Protein/ Homocystine
- Biopsy???

Treatment

- Removal of Cancer
- Chemo
- Radiation



MarysHerbs.com

### What Causes Cancer To Develop?

1. pH imbalance - Inflammation
2. Viruses – GMO foods – Sluggish Immune System
3. Emotional Stressors – Trauma, Stress, Grief
4. Toxins – Parasites
5. Free Radical Damage
6. Mutated Hormones
7. Fermentation of debris and sugars within the body
8. Chemicals – Processed foods, Chlorine, Fluoride, Medicines, Etc
9. Nutritional Deficiencies
10. EMF's




MarysHerbs.com

### What Causes Cancer To Develop?

1. pH imbalance (primary source of inflammation)

#### Body Fluids pH Norms

- Saliva 6.3 – 6.6
- Cell Fluids 6.3 – 6.6
- Urine 5.5 - 6.8
- Skin 5.5



MarysHerbs.com

## Cancer Connection

- When an abnormal cell develops, the body's immune system sends an enzyme to open the pore of the cell, causing fluid to fill up the abnormal cell resulting in the cell bursting
- The immune system can then carry away the abnormal cell fragments
- Enzymes can not work in an acidic medium
- So if the fluid surrounding the body's cells are acidic, the acid will kill the enzyme and it can no longer work on the cancer



## Suggestions to help combat a pH imbalance or Inflammation

- pH balancing diet  
<http://www.marysherbs.com/Miscellaneous/pHfoods.shtml>
- pH Green Zone
- MSM – helps with alkalinity and detoxing?
- Herbal Beverage (fosters friendly bacteria)
- Liquid Chlorophyll
- The proper calcium for your pH. Skeletal strength or Liquid Calcium
- Una De Gato
- Yucca



## What Causes Cancer To Develop?

### 2. Viruses –Sluggish Immune System (Tramp)

Cancer caused by viruses typically are contracted by :

- Blood line (parents)
- Blood to blood transfer
- Sexually transmitted

These Viruses are not transferred through casual contact



## What Causes Cancer To Develop?

Worldwide, the WHO International Agency for Research on Cancer estimated that in 2002 17.8% of human cancers were caused by infection, with 11.9% being caused by one of seven different viruses. Parkin, Donald Maxwell (2006). "The global health burden of infection-associated cancers in the year 2002". *International Journal of Cancer* **118** (12): 3030. [doi:10.1002/ijc.21731](https://doi.org/10.1002/ijc.21731). PMID 16404738.



## Viruses

- **1908 - Avian leukosis virus causes leukemia in chickens...** Oluf Bang and Vilhelm Ellerman, University of Copenhagen
- **1910 - Genome Endogenous Retrovirus produced solid tumor sarcoma in chickens ...** Peyton Rous, at Rockefeller extended Bang and Ellerman's experiments
- **1933 - Papilloma virus causes mammalian tumor in rabbits ...** Richard Edwin Shope
- **1936: Mouse mammary tumor virus transmitted cancer by breast feeding ...** John J. Bittner building on studies showing the same in 1915, by A.F. Lathrop and L. Loeb.
- **1954 - Polyoma virus causes salivary and other tumor in mice ...** Ludwik Gross, Bronx VA medical. Not readily accepted until the results were confirmed by scientists at NIH reproducing the experiments under the same conditions.



## Viruses

- **1961 - Simian Vacuolating virus 40** used to make Salk and Sabin polio vaccines caused cancer in Syrian hamsters ... Eddy at NIH, and Hillman & Sweet at Merck laboratory.
- **1964 - Herpesvirus 4 aka Epstein Barr Virus causes Burkitt lymphoma cancer in humans...** Anthony Epstein, Bert Achong and Yvonne Barr.
- **mid-1960s - Hepatitis B causes the Hepatocellular carcinoma...** Baruch Blumberg, NIH and Fox Chase Laboratory later confirmed by R. Palmer Beasley and others.
- **1980 – Human T-Lymphotropic Virus (HTLV I) ....** Bernard Poiesz & Robert Gallo at NIH with Mistuaki Yoshida and coworkers in Japan.



## Viruses

•1984–86 –Human PapillomaViruses HPV16 and HPV18 causes 70% all cervical cancers... Harald zur Hausen and Lutz

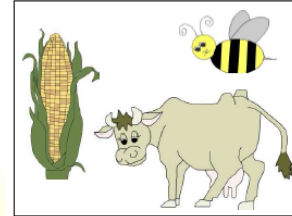
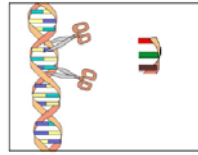
•1987 – Hepatitis C Virus (HCV) causes Hepatocellular carcinoma... Michael Houghton at Chiron and D.W. Bradley. Later Chiron was awarded the patent for Hepatitis C Virus and has sued and states they will sue anyone who tries to study the virus in search of a cure.

•1994 – Herpesvirus (KSHV aka HHV8) Kaposi Sarcoma (fleshy tumor) ... Patrick S. Moore, Yuan Change, Frank Lee and Ethel Cesarman, Columbia

•2008 – Merkel Cell Polyomavirus causes 70 to 80% of all Merkel Cell Carcinoma (tissue) Chang and Moore, University of Pittsburgh Cancer Institute

MarysHerbs.com

## DANGER OF GMO FOODS



## Support the Immune System

- Immune Stimulator
- All Cell Detox
- Lymph Gland Cleanse
- Pau D' Arco
- Una De Gato
- E-Tea
- VS-C

Rotate immune stimulating herbs

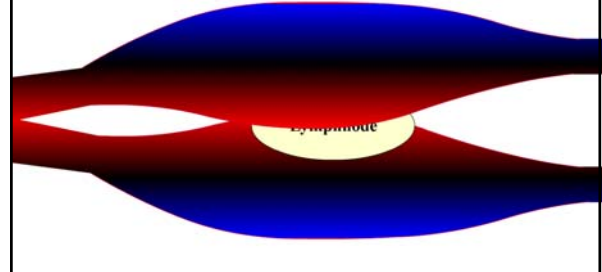
Colostrum and Aeon patch, help reset and repair DNA

Glutathione patch  
Astragalus  
Elderberry Plus

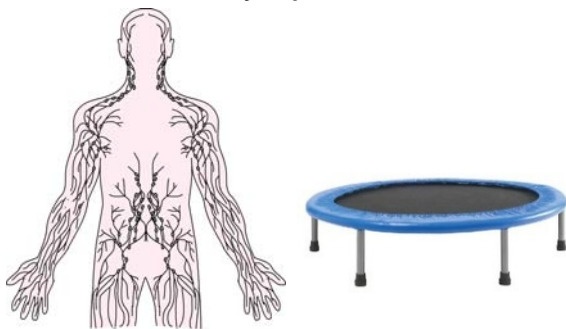
MarysHerbs.com

## Lymph nodes have no central pump like the heart.

Walking Lymph Nodes

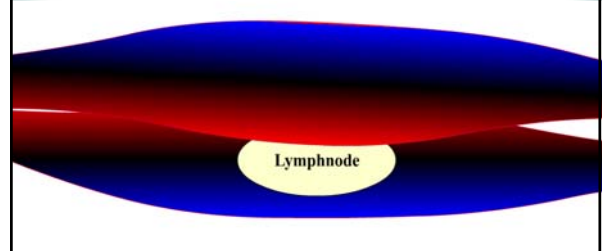


## Lymph



## Lymphatic fluid circulates throughout the body due to movement and contracting of the muscles.

Trampoline Lymph Nodes



Grow your own food or buy Non GMO...  
Organic can still be GMO

- Learn to save seeds

Help the body

Overcome ...

- Silver Shield
- VS-C and L-lysine
- Yarrow

Prevent...

- Astragalus
- Elderberry Plus
- Glutathione Patches

MarysHerbs.com

### What Causes Cancer To Develop?

3. Emotional Stressors – Trauma, Stress, Grief (Cortisol Elevates Fermentation) (Positive things, Brings you Joy)

Evening Primrose Oil  
Flaxseed Oil  
Super Omega 3 Oil

Nervine Herbs  
Aeon Patches

- Love
- Laugh
- Forgive

• Feelings Buried Alive  
Never Die

- Find the positive side of everything
- Do things which brings you Joy

- Punching Pillows
- Vent

MarysHerbs.com

### What Causes Cancer To Develop?

4. Toxins – Parasites (get out what attracted the parasites in the first place)



Maggot Debridement  
Therapy (MDT)

New research published in the  
October issue of *Clinical Infectious  
Diseases* has found that maggots are  
useful in treating deep wounds

<http://www.medicaledu.com/maggots.htm>

MarysHerbs.com

### #1 Cleanse Bowel

A. Stimulate via Liver

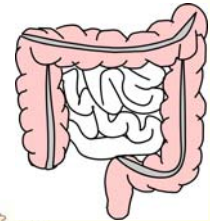
- Liver Cleanse Formula
- Cascara Sagrada, LBS II, Gentle Move

B. Stimulate peristaltic action via Magnesium

- Magnesium
- Magnesium Complex
- Skeletal Strength

C. Fiber

- Everybody's Fiber
- Nature's Three
- Loco
- RAW VEGETABLES & FRUITS



MarysHerbs.com

### #2 Kidney

A. Good Water

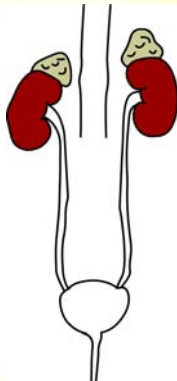
- Reverse Osmosis
- Liquid Chlorophyll and Lemon

B. Correct pH

- Liquid Calcium – Calcium
- Marshmallow
- Diet

C. Nourish Kidney

- KB-C
- Urinary Maintenance
- Parsley



MarysHerbs.com

### #3 Lungs

A. Build

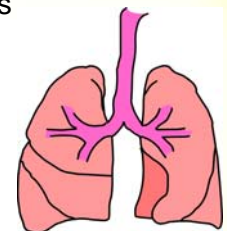
- Chinese Lung Support
- Breathe Free

B. Oxygenate

- CoQ10
- Liquid Chlorophyll

C. Cleanse

- Stop Smoking
- Marshmallow and Fenugreek
- St. John's Wort



MarysHerbs.com

### #4 Skin

A. Clean and Open

- Dry brush or pot scrubber daily
- Avoid unnatural oils and lotions

B. Sweat

- Sage
- Ginger or Epsom's Salts

C. Nourish

- Fatty acids – Flaxseed oil, EPO, Super Omega 3
- HSN-W
- Jojoba Oil



 MarysHerbs.com

### #5 Uterus


A. Cut out menstrual suppressants

B. Balance hormones

### FULL BODY DETOX

1. All Cell Detox
2. Glutathione Patch
3. Una De Gato

Talc powder close to the composition of asbestos and shown to contribute to Ovarian Cancer.

 MarysHerbs.com

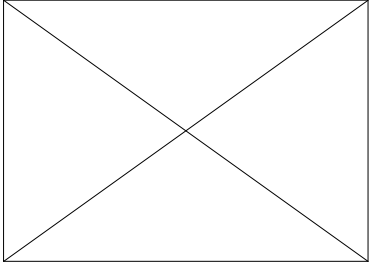
### What Causes Cancer To Develop?


#### 5. Free Radical Damage

- Glutathione
- Vitamins A, C and E
- Selenium
- Thai-go

 MarysHerbs.com

### What Causes Cancer To Develop?



 MarysHerbs.com

### What Causes Cancer To Develop?

#### 6. Mutated Hormones – xenoestrogens

#### - Zeno estrogens - Work with Liver

Sources of xenoestrogens

**Zeno Estrogens!**

- All artificial scents like air fresheners, perfumes, etc
- Birth control pills and "Hormone Replacement Therapy" (HRT), spermicidal
- Bug killer
- Canned foods
- Car exhaust and outdoor toxins
- Carpets & furniture "out gassing"
- Commercially raised meat
- Paints, lacquers and solvents
- Petroleum derivatives
- Cosmetics
- Detergents
- Industrial wastes

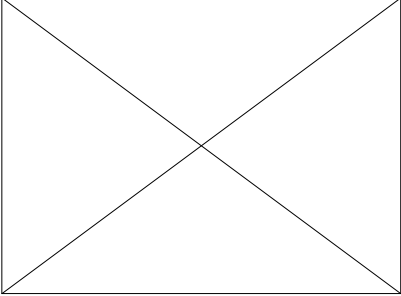
- Pesticides, herbicides, Insecticides
- Plastics, plastic food wraps, Styrofoam cups and plates
- Solvents, inhaled or absorbed through the skin from glues, paints, varnishes, cleaning fluids


**Plant estrogens**

- Fermented Soy
- Red Raspberry
- Dong quai
- Black Cohosh
- Plant Oils: Flax, EPO
- Indole 3 Carbinol: broccoli, brussels sprouts, cabbage and kale

 MarysHerbs.com

### What Causes Cancer To Develop?



 MarysHerbs.com

## What Causes Cancer To Develop?

### 7. Fermentation of debris and sugars within the body

- Happens as cells die off or free sugar ferments
- This fermentation process provides oxygen to the cancer cells
- Sugar lowers the Immune system
- Simple sugars from breads, noodles etc.

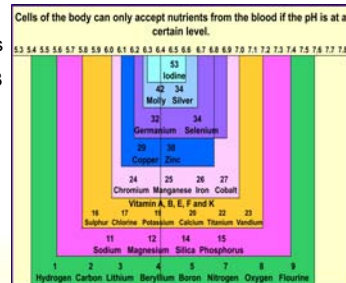


## What Causes Cancer To Develop?

### 8. Deficiencies

•Diet.... Raw Foods containing minerals, vitamins, enzymes

- Fatty Acids
- Vitamin D3
- Vitamin C
- Oxygen
- Iodine
- Calcium



FROM:

- Diet
- Digestion
- Absorption
- Microwave
- pH

## What Causes Cancer To Develop?

### 9. Chemicals – Processed Foods, Chlorine, Fluoride, Medicines, Etc.

- Breathe in
- Drink
- Eat
- Absorb through skin

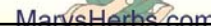
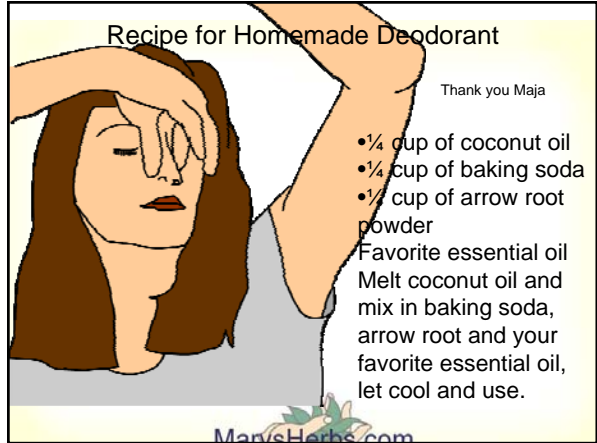


## Recipe for Homemade Deodorant

Thank you Maja

- ¼ cup of coconut oil
- ¼ cup of baking soda
- ½ cup of arrow root powder

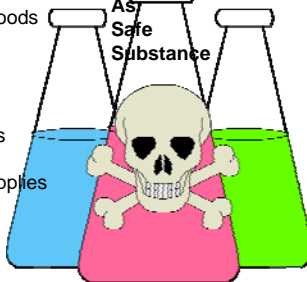
Favorite essential oil  
Melt coconut oil and mix in baking soda, arrow root and your favorite essential oil, let cool and use.



## G.R.A.S.S.

Generally Regarded As Safe Substance

- Processed foods
- Pesticides
- Herbicides
- Chlorine
- Fluoride
- Prescriptions
- OTC
- Cleaning supplies
- Dyes
- Foams
- Exhaust
- Smoking
- Lotions, creams and oils
- Deodorants
- Toothpastes
- Cosmetics
- Shampoo
- Conditioners
- Food additives
- Food colorings
- Food flavorings
- Preservatives
- Air
- Detergents
- Air fresheners



## What Causes Cancer To Develop?

### 10. EMFs – ElectroMagnetic Fields

EMF proof the areas where you spend the bulk of your time

- Waterbed heaters
- Heating pad
- Electric Blanket
- Clock radios
- Phones
- TV
- Computers
- People
- Fluorescent lights
- Vacuum cleaner
- Heating
- Diodes
- LifeWave patches



## IF I HAD CANCER I would:

- Correct pH – diet and Calcium
- Open eliminating channels
- Improve digestion and use Enzyme Therapy
- Nourish and support organ or gland involved
- Cut out impurities, sometimes including the cancer
- Support and cleanse liver
- Stimulate immune system - clean up lymph
- Love and laugh
- Rest
- Get close to God



You don't catch MOST cancers

You develop them!!!

NEVER underestimate the awesomeness of the human body nor what it can overcome IF it gets all that it needs!



Victoria  
208-569-9589 cell  
[victoria@ida.net](mailto:victoria@ida.net) email  
<http://www.naturalhealthchicks.com> website  
<https://www.facebook.com/groups/Healthchick/>  
Facebook page

**Questions PERSON WHO INVITED YOU**



**facebook**



Mary Reed Gates  
[MarysHerbs@aol.com](mailto:MarysHerbs@aol.com)  
717-898-2220



Shari  
[sweisenbach@etczone.com](mailto:sweisenbach@etczone.com) email  
<http://herbalbeginnings.weebly.com> website  
(812) 593-0419 Phone  
<https://www.facebook.com/Herbal-Beginnings-850250861668814/timeline/>  
Facebook page

**Questions PERSON WHO INVITED YOU**



**facebook**



Mary Reed Gates  
[MarysHerbs@aol.com](mailto:MarysHerbs@aol.com)  
717-898-2220



Contact: Mary Reed Gates  
[MarysHerbs@aol.com](mailto:MarysHerbs@aol.com)  
<http://www.NaturesHerbs.biz>  
717-898-2220

**Questions facebook**



To be put on our emailing list go to: <http://www.naturesherbs.biz/>

**facebook**




<http://www.herbalremedyexpert.com/PIC-WG-PP>



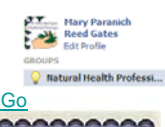
Contact: Tara Belderok  
[LetsGetHealthy123Go@gmail.com](mailto:LetsGetHealthy123Go@gmail.com)  
816-903-3377  
<http://www.mynsp.com/LetsGetHealthy123Go>

**Questions facebook**



To be put on our emailing list go to: <http://www.naturesherbs.biz/>

**facebook**



<http://www.herbalremedyexpert.com/PIC-WG-PP>

Mary Reed Gates  
717-898-2220  
[MarysHerbs@aol.com](mailto:MarysHerbs@aol.com)

