

Welcome!!!  
Just hang On :o)  
Our meeting will start soon.



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### Disclaimer

This webinar is not to be used instead of going to a competent doctor. I do not directly nor indirectly dispense medical advice nor prescribe in any way alternative treatment!

In the event you use this information, which is only of historical value, you are prescribing for yourself which is still your constitutional right. I assume no responsibility.

I am independent in my attempt to educate the public. Although I do endorse some top quality products. I receive no financial support from any health or herb company for producing and sharing this information.

I also believe it is a crime that we have to pussy foot around the truth because there is a law that says that I cannot declare what changing your lifestyle and diet can do for your health, but I love this great country and will do my best to try to obey their law, even if I strongly disagree with them...

Natural health works slowly. I suggest that you do not stop medication without guidance of a doctor. I say this not only because it is the law, but because I BELIEVE STOPPING MEDICATION WITHOUT THE GUIDANCE OF A DOCTOR IS UNWISE AND DANGEROUS.

If you would like to make healthier changes in my diet and my doctor was not willing to help you while you work with a natural health practitioner, I suggest you find a doctor who values and respects his patient's rights and fire the doctor who would not!



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### Toxins in Bowel



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### Toxins in Bowel



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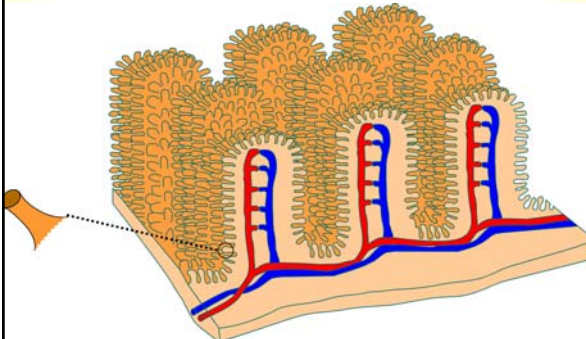
### Toxins in Bowel

- Clean Start
- Everybody's Fiber
- Water
- Moving bowels 2 – 5 times a day
- Good diet... 80% raw vegetables/fruits
- NO white flour products and limit meats



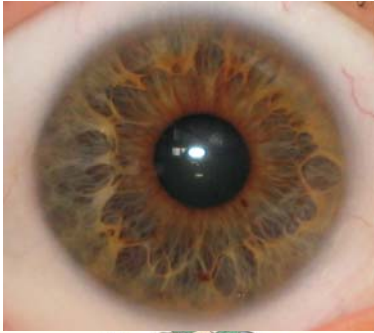
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### Toxins in Bowel



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### Bowel Lacks Tone



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### Bowel Lacks Tone



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### Bowel Lacks Tone

- Magnesium
- Cascara Sagrada ~ Black Bowel
- Fiber
- Exercise especially walking



Avoid delaying bowel movements

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### Possible Growth in Bowel



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### Growth in Bowel

- All Cell Detox
- Calcium, Magnesium, Vitamin D
- Check pH

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### Spastic Bowel



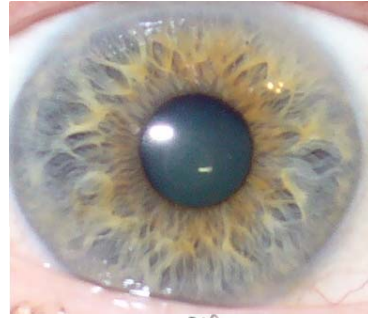
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Spastic Bowel



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Spastic Bowel



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Spastic Bowel

- Spastic Bowel Stems from the Nervous System
- Fatty Acids
- Nervine Herbs
- B-Complex

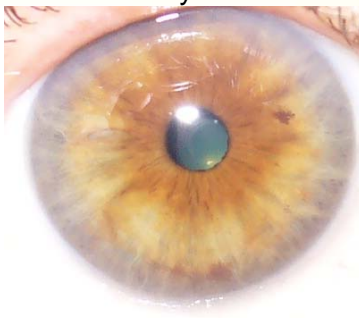
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Leaky Gut



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Leaky Gut



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Leaky Gut



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### Leaky Gut

Cause: Yeast or Thin Mucousal Lining

- Probiotics
- L-Glutamine
- Slippery Elm
- Intestinal Soothe and Build
- Magnesium

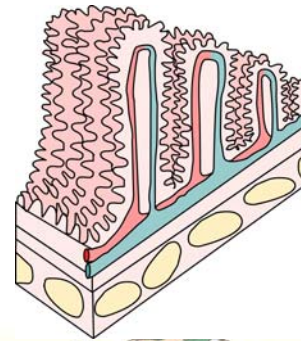
Rebuilding Micro-villi

- Fermented foods
- Bone broth

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### Leaky Gut



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### Infection/Inflammation in Bowel



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### Infection/Inflammation in Bowel

- Probiotic
- Lymph Gland Cleanse
- All Cell Detox
- Onion Poultices
- Slippery Elm

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### Large Diverticulum Bowel



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### Diverticulum

- Building the Mucousal Lining
- Fiber to Keep Clean – EveryBody's Fiber  
2 Scoops a day
- Improve Digestion to Cut Down Gas –  
Food Enzymes, Proactyzmes with  
meals
- Work with liver – Liver Cleanse  
Formula

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Unhealthy Bowel



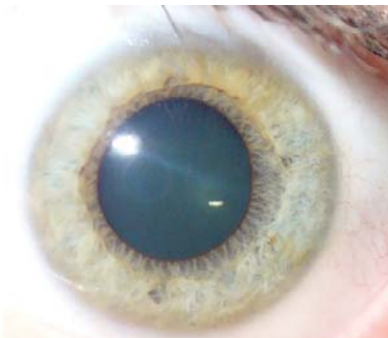
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Unhealthy Bowel



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Yeast Overgrowth in Bowel



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Yeast Symptoms

- Nervous system: Headaches, depression, lethargy, irritability, lack of concentration or memory loss.
- Genito-Urinary tract: Fatigue, joint pain, cold hands and feet, food allergies, increased body hair, numbness and tingling, loss of libido, chemical sensitivities, food cravings, sugar craving or mitral valve prolapse.
- Respiration: sinusitis, bronchitis, hay fever, earaches or asthma.
- Skin: Hives, fungus infections, eczema, athletes foot or dermatitis



Normal Yeast Level



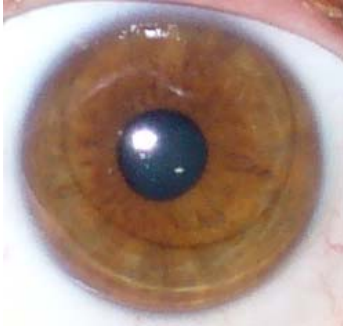
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Yeast Overgrowth in Bowel



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Normal Yeast in Bowel



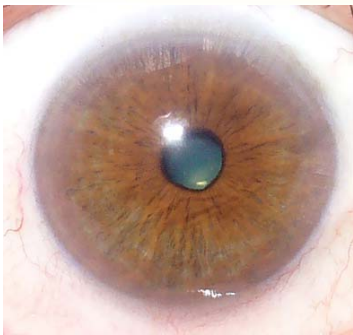
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Yeast Overgrowth in Bowel



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Normal Yeast in Bowel



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Yeast Overgrowth in Bowel



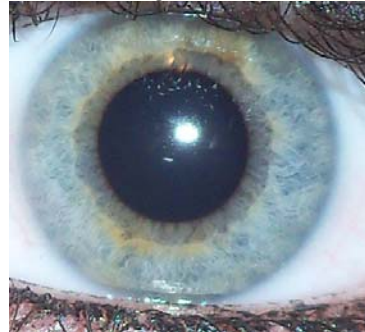
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Normal Yeast in Bowel



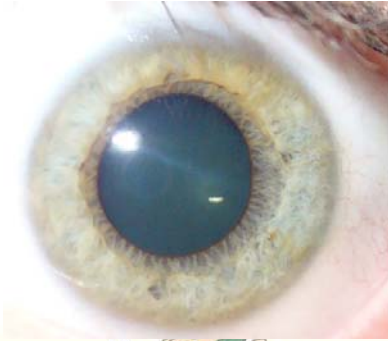
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Yeast Overgrowth in Bowel



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### Yeast Overgrowth in Bowel

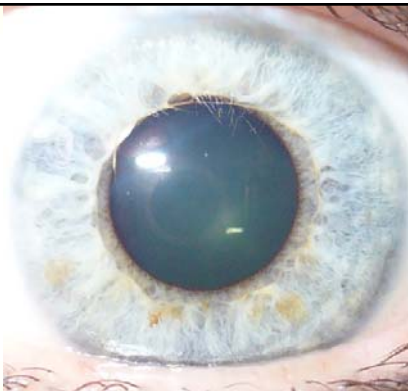


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### Yeast Overgrowth in Bowel

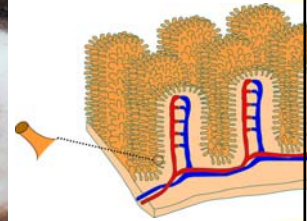
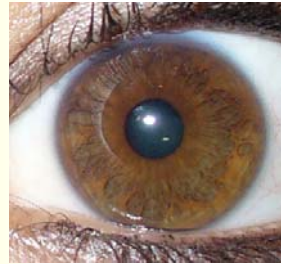
- Starve out yeast
- Add natural predator
- Yeast/Fungal
- Caprylic Immune
- Avoid Antibiotics, Commercial meat, Canned foods
- Probiotic
- Coconut oil
- Caprylic Acid
- Caprylimmune

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### Bowel Contribute to Other Health Conditions



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### Prioritizing

- What Jumps Out at You
- The 5
- pH
- Depth of Lesion/Lucuna
- Eliminating Systems
- What is Going to Kill Ya First

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### Prioritizing

- What Jumps Out at You
- The 5
  1. Breast
  2. Liver
  3. Esophagus
  4. Thyroid
  5. Pancreas
- pH
- Depth of Lesion/Lucuna
- Eliminating Systems
- What is Going to Kill Ya First



### Develop Healthy Base

- Sleep 7 to 9 hours Nightly
- Exercise
- Water ½ body weight in ounces to 100 ounces
- Good Diet rich in raw vegetables, fruits, fats, whole grains and proteins
- Proper Elimination



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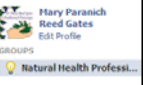
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