

Disclaimer

This webinar is not to be used instead of going to a competent doctor. I do not direct, nor indirectly dispense medical advice nor prescribe in any way alternative treatment.

In the event you use this information, which is only of historical value, you are prescribing for yourself which is still your constitutional right. I assume no responsibility.

I am independent in my attempt to educate the public. Although I do endorse some top quality products, I receive no financial support from any health or herb company for producing and sharing this information.

I also believe it is a crime that we have to pussy foot around the truth because there is a law that says that I cannot declare what changing your lifestyle and diet can do for your health, but I love this great country and will do my best to try to obey their law, even if I strongly disagree with them..

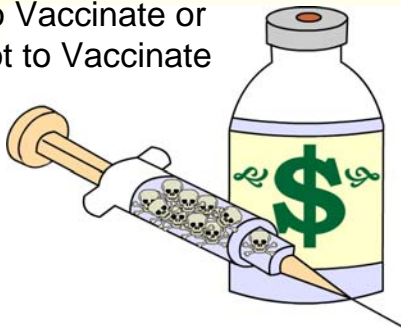
Natural health works slowly. I suggest that you do not stop medication without guidance of a doctor. I say this not only because it is the law, but because I BELIEVE STOPPING MEDICATION WITHOUT THE GUIDANCE OF A DOCTOR IS UNWISE AND DANGEROUS.

If you would like to make healthier changes in my diet and my doctor was not willing to help you while you work with a natural health practitioner, I suggest you find a doctor who values and respects his patient's rights and fire the doctor who would not!



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To Vaccinate or Not to Vaccinate



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Theory of How Vaccines Work

The theory is that when an individual is given a vaccine – which consists of a weakened or dead version of the disease against which protection is required – his or her body will be tricked into developing antibodies to the disease in exactly the same way that a body develops antibodies when it is exposed to the disease itself.

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Problems with the Theory

- FDA does not demand the same standards for vaccines than they do for drugs
- Studies only monitor and track reactions of children for 5 days after each dose
- Each vaccine studied separately, NEVER has there been a study of an interaction between all the vaccines collectively
- Preservatives used usually are mercury (Thiomersal) or something equally toxic

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Problem with the Concept

- Virus Mutate
- Virus Don't Typically Enter Via Blood Stream
- Without Using Natural Introduction into the Body, the Body's Defense Program is Altered
- Inactivated Virus can indeed be a Viable Virus
- Killing agents and preservatives are highly toxic and dangerous.

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The National Vaccine Injury Compensation Program

- Passed 1986
- No-fault compensation alternative to suing vaccine manufacturers
- The system will offer to pay up to \$250,000 for a vaccine associated death or severe injury
- <http://www.hrsa.gov/vaccinecompensation/>
- \$902,519,103.37 paid out

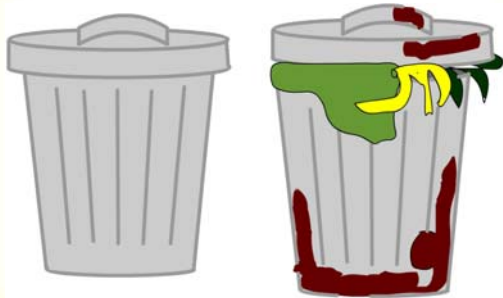
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What to do Instead

- Good Diet (Rich in Raw Veggies and Fruits, Whole Grains and Healthy Proteins)
- Avoid process foods GMO foods and sugars
- Adequate Rest (8 Hours a night)
- Exercise (15-30 min ... 3- 5 times a week)
- Cut out Unnecessary Medications
- Don't stop fevers (Unless over 105 children or 104 adults)
- Keep eliminating systems open (Bowel, Urinary Tract, Respiratory and Skin)
- Keep pH balanced



Don't Set Body Up to Breed Disease



Which garbage can would you find the germs, bacteria, virus or parasites?

4 Eliminating Systems

- Bowel
- Kidneys
- Lungs
- Skin

2 Clean up Crews

- Liver
- Lymph



Sugar/Immune System

Overdosing on sugar. Eating or drinking 100 grams (8 tbsp.) of sugar, the equivalent of one 12-ounce can of soda, can reduce the ability of white blood cells to kill germs by **forty percent**. The immune-suppressing effect of sugar starts less than **thirty minutes after ingestion and may last for five hours**. In contrast, the ingestion of complex carbohydrates, or starches, has no effect on the immune system.

<http://www.askdrsears.com/html/4/t042500.asp/>

11/9/2006

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Educate Yourself About Childhood Diseases

- Learn about symptoms of the Childhood disease
- Get doctor diagnosis
- Learn about immune stimulating herbs which help the body get over childhood disease

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Shot: Hep B	Disease: Inflammation of Liver
Virus: Hepatitis B	Scheduled Shots: 3 total #1 shot Birth, #2 shot – 2 months, #3 shot – 4-6 months
Things to Consider:	Most babies/young children don't share body fluids. FDA never evaluated repeated reports that Hep B Vaccine compromises the immune and neurological systems and affects reproduction capacity.
Contagious:	Transmitted through body fluids
Incubation:	Between 4 and 20 weeks (but is detectable via blood test typically 1-9 weeks)

Symptoms:	No symptoms, yellow skin or yellowing of the whites of the eyes, (jaundice), tiredness, loss of appetite, nausea, abdominal discomfort, dark urine, colored bowel movements, joint pain
Complication Of Disease	Suspected to be the 2 nd most common cause of liver cancer or disease
Complication of Vaccine	Anaphylaxis, Death, Arthritis, Gullian Barre Syndrome, Demyelinating disease such as transverse myelitis, optical neuritis, MS, Brain damage and SIDS. Short term symptoms, diabetes, rashes, fatigue, autoimmune disease, aching muscle and joints.

Possible Benefit of Disease:	
Suggestions :	Avoid transmission of fluids, if you do contract it, I suggest VS-C, L-lysine, liver cleanse formula, rest and a healthy lifestyle.



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Cost of Hepatitis Shots


Vaccine: \$75 per shot (x) 3 = \$225
 Injection Fee \$12 per shot (x) 3 = \$36
 Doctor Visit \$36 for 2 visits = \$72

Total Cost =====> \$333

*Reported cost when calling 3 various doctor offices 9/Nov/2006
 In surround Patton Area


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DPT/DTaP
 Diphtheria-Tetanus-acellular Pertussis
 DPT Diphtheria, Pertussis, Tetanus
 Intramuscular Shot
Concerning Ingredients
 Formaldehyde
 Sodium Phosphate Monobasic
 Sodium Phosphate Diabasic
 Sodium Chloride
 Glycerin
 Thimersol (mercury derivative)
 Aluminum Phosphate


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Shot: DPT or DTaP	Disease: Diphtheria
Bacteria: Corynebacterium Diphtheria	Scheduled Shots:5 shots #1 – 2 months, #2 -- 4 months DTaP #3 -- 6 months DTaP #4 -- 15 to 18 months DTaP #5 -- 4 to 6 years
Contagious:	Diphtheria is highly contagious air born and contact bacteria which can easily pass from infected person to others through sneezing, coughing, picking up tissues or drinking glasses which has been used by infected person. Carrier can be contagious up to 4 weeks.

Diphtheria of the DPT Shot





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Incubation:	2 to 4 days, although it can range from 1 to 6 days.
Symptoms:	A thick covering (usually fuzzy gray or black) in the back of the throat, nose or airway
Things to consider:	Sore throats are not a natural cleansing process. All Sore throats, should be addressed and possibly cultured.
Complication of Disease	Can lead to breathing problems, paralysis, heart failure, double vision or slurred speech, and even death

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Complication of the Vaccine:	Fever, fussiness, drowsiness or tenderness injection site, Neural complications, toxoid on the cerebral vessels,
Possible Benefits of the Disease:	
Suggestions:	After diagnosis, I would suggest Goldenseal /parthienium for those who are not hypoglycemic or children over 1 yr old. I also suggest adding All Cell Detox and doing warm onion poultices. Olive Leaf Extract

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The Cost of Tetanus Shots


Vaccine: \$30 per shot
 Injection Fee \$12 per shot
 Doctor Visit \$36


Total Cost = \$78


Reported cost when calling 3 various doctor offices 9/Nov/2006
 In surround Patton Area


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Shot: HIB	Disease: Bacterial Meningitis
Bacteria: Haemophilus Influenzae Type B	Scheduled Shots: 3 to 4 Dosage #1 shot 2 months, #2 shot 4 months, #3 shot 6 months, #4 shot 12-15 months booster
Contagious:	Limited.....Transmission believed to be by respiratory droplets
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Incubation:	The incubation period for Hib disease is unknown, but is probably less than one week
Things to Consider:	Not common past the age of 5
Symptoms:	Epiglottitis, Septic arthritis, pneumonia, bone infection, pericarditis, Meningitis, fever, lethargy, vomiting and a stiff neck, Cellulitis
Complication of Disease:	Deafness, mental retardation, language disorder or delay, learning disabilities, motor abnormalities, seizure activity, arthritis and death.
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Complication of Vaccine:	Transverse myelitis, Guillain-Barre syndrome, thrombocytopenia, anaphylaxis and sudden infant death syndrome, carcinogenic, mutagenic potential or impairment of fertility
Possible Benefits of Disease:	
Suggestions:	If you suspect you child has bacterial meningitis, I would get a diagnosis. Then I would give goldenseal/parthenium or olive leaf extract. 


Cost of HIB Shots	
Vaccine: \$68 per shot (x) 4	= \$260
Injection Fee \$12 per shot (x) 4	= \$48
Doctor Visit \$36 for 4 visits	= \$144
 Total Cost =	 \$462
<small>*Reported cost when calling 3 various doctor offices 9/Nov/2006 In surround Patton Area</small>	
	

Shot: Polio	Disease: Poliomyelitis
Virus: Poliovirus	Scheduled Shots: 4 Shots; #1 - 2 months, #2 - 4 months, #3 - 6 to 18 months, #4 - 4 to 6 years old
Contagious:	Humans are the only known carriers of the polio virus. Poliomyelitis most commonly affects children under the age of five. The Polio virus can be unknowingly passed via the oral or fecal-to-oral route. Up to 95% of polio infections do not produce any symptoms or damage.
	


Incubation:	Typically can be detected from six to 20 days after infection. The appearance of paralysis is rapid.
Symptoms:	Sore throat and flu like symptoms, destruction of motor neurons, which leads to either temporary or permanent paralysis, respiratory arrest, death
Things to Consider:	No "WILD" polio case has been reported in over 27 years, all polio cases have been due to the vaccine. Vaccine-associated paralytic polio is associated more with the injectable vaccine than with the vaccine given orally.
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Complication Of Disease:	Permanent flaccid paralysis
Complication of Vaccine	MS, insulin dependent diabetes or another autoimmune disease
Possible Benefits of the Disease:	
Suggestions:	If I suspect Polio, I would give L-lysine and Yarrow and VS-C. Yarrow/echinacea poultice to extremities.
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Cost of Polio Shots	
Vaccine:	\$24 per shot (x) 4 = \$96
Injection Fee	\$12 per shot (x) 4 = \$48
Doctor Visit	\$36 for 4 visits = \$144
Total Cost =	\$288
<small>*Reported cost when calling 3 various doctor offices 9/Nov/2006 In surround Patton Area</small>	
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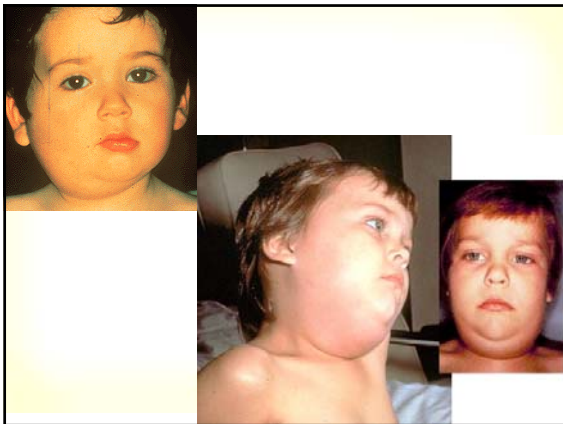
Shot: 1st M of the MMR	Disease: Measles (rubeola, 9 day measles)
Virus: Rubeola	Scheduled Shots: 2 shots, #1 – 12 months, #2 – within 4 weeks after first shot
Contagious:	<i>Highly contagious. Measles is contagious from 2 to 4 days before the rash appears until the rash disappears.</i>
Things to Consider:	In healthy, well-nourished children, measles is rarely serious.
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Incubation:	Symptoms start 7 to 14 days after infection.
Symptoms:	High fever, runny nose, sore throat, hacking cough, and red eyes. Sometimes, the eyes are sensitive to bright light. Tiny white spots appear inside the mouth 2 to 4 days later. A mildly itchy rash appears 3 to 5 days after the start of symptoms. The rash begins in front of and below the ears and on the side of the neck as irregular, flat, red areas that soon become raised. The rash spreads within 1 to 2 days to the trunk, arms, and legs, as it begins to fade on the face.
Complication of Disease:	Encephalitis or secondary infections.
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Complication of Vaccine	Encephalitis, Chronic arthritis or death, subacute sclerosing panencephalitis, Guillain-Barré syndrome, febrile and afebrile convulsions, seizures, ataxia, ocular palsies, anaphylaxis, angioneurotic edema, bronchial spasms, panniculitis, vasculitis, atypical measles, thrombocytopenia, lymphadenopathy, leukocytosis, pneumonitis, Stevens-Johnson syndrome, erythema multiforme, urticaria, deafness, otitis media, retinitis, optic neuritis, rash, fever, dizziness, headache,
Possible Benefits of Disease	
Suggestions:	Keep child on healthy clean diet. If measles is contracted, keep child warm and hydrated and let it run its course unless the child seems to be overwhelmed or develop a secondary infection. Then I would suggest Yarrow and echinacea and high levels of beta carotene.

Shot: The 2 nd M in the MMR shot	Disease: Mumps
Virus: Mumps virus	Scheduled Shots: 2 shots, #1 – 12 months, #2 – within 4 weeks after first shot
Contagious:	Drinking after or touching saliva, droplets through sneezing, coughing, or even laughing. Contagious 2 days before symptoms begin to 6 days after they end.
	



Incubation:	Incubation period for mumps can be 12 to 25 days, but the average is 16 to 18 days.
Symptoms:	may start with a fever of up to 103 degrees, headache and loss of appetite, swelling and pain in the parotid glands. Pain worsens when you drink orange juice or something acidic (pickles)
Complication Of Disease:	Rarely Encephalitis (inflammation of the brain) and meningitis, inflammation of the testicles (leading to sterility)
Complication of Vaccine	 MarysHerbs.com

Possible Benefits of Disease:	
Things to Consider:	Rarely infects children under the age 1 and usually infects children ages 5 to 14 . Rarely is serious.
Suggestions:	Keep child on healthy clean diet. If mumps is contracted, keep child warm and hydrated and let it run its course unless the child seems to be overwhelmed. Pull fever over 104 down with onion poultice in socks. Yarrow and Lymph cleanse for hypoglycemics.  MarysHerbs.com


Shot: The R of the shots MMR	Disease: Rubella (German Measles or 3 day Measles)
Virus: Rubella virus	Scheduled Shots: 2 shots, #1 – 12 months, #2 – within 4 weeks after first shot
Contagious:	This virus lives in respiratory tract, and is passed from person to person by tiny droplets in the air that are breathed out
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Incubation:	12-23 days; usually 16-18 days
Symptoms:	Low grade fever, swollen glands, joint pain, headache, conjunctivitis, rash, flaking, dry skin
Things to Consider:	Rubella can pose a serious risk as it can also be transmitted from a mother to her developing baby through the bloodstream via the placenta causing severe mental retardation, deafness, blindness (atrophic eyes, cataracts and chorioretinitis) as well as congenital heart disease.


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Complication Of Disease:	Symptoms are often mild and may be unapparent or missed 30%-50% of the time.
Complication of Vaccine:	
Possible Benefits of the Disease:	
Suggestions:	If pregnant try to avoid contracting Rubella. If a child contracts it, just let it run its course.


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Cost of MMR Shots

Vaccine: \$55 per shot (x) 2 = \$110
 Injection Fee \$12 per shot (x) 2 = \$24
 Doctor Visit \$36 for 2 visits = \$72

Total Cost = \$206


*Reported cost when calling 3 various doctor offices 9 /Nov/ 2006
 In surround Patton Area





Shot: Chicken Pox	Disease: Chicken Pox
Virus: varicella – herpes Zoster	Scheduled Shots: 2 shots, #1 – 12 months, #2 – 3 months after first shot.
Contagious:	1 week before and at least 4 days after onset of pox






Incubation:	10 to 21 days
Symptoms:	Moderate fever, and spots appearing in two to three waves primarily on the trunk of the body. The pox become itchy and breaks open to small open sores.
Complication of the Disease:	RARELY serious. Can later pop out as Shingles
Complication of the Vaccine:	Increase chance of getting shingles.
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Possible Benefits of the Disease:	
Suggestions:	Neem leaf and turmeric for itching and minimize scarring. Oatmeal has also been used as well as calamine lotion. Keep child warm and hydrated.
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Cost of Chicken Pox Shots	
Vaccine: \$80 per shot (x) 2	= \$160
Injection Fee \$12 per shot (x) 1	= \$24
Doctor Visit \$36 for 1 visits	= \$72
 Total Cost =	 \$256
<small>*Reported cost when calling 3 various doctor offices 9/Nov/2006 In surround Patton Area</small>	
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Shot: MPSV4 or MCV4	Disease: Bacterial Meningitis
Bacteria: Meningococcal	Scheduled Shots: 1 shot upon entering puberty (approx 12 yrs old)
Contagious:	Transmitted via saliva, spread by activities such as sneezing, coughing, intimate kissing, and sharing food or drinks
	


Incubation:	Several hours to 1 to 2 days. The bacteria can only live for a short time outside the body.
Symptoms:	Severe headache, fever, fatigue, stiff or painful neck, sensitivity to light or convulsions
Possible Complication:	Gullian Barre Syndrom, Allergic reaction, High fever, behavioral changes, difficulty breathing, hoarseness, hives, fast weak heart beat, dizziness, fever, death
Things to Consider:	15% of people who get bacterial meningitis dies some have brain damage.

Cost of Meningococcal Shots


Vaccine: \$75 per shot (x) 1 = \$75
Injection Fee \$20 per shot (x)1 = \$20
Doctor Visit \$36 for 1 visits = \$36

Total Cost = \$131


•Reported cost when calling 3 various doctor offices 9/Nov/2006
In surround Patton Area



Shot: PPV	Disease: Pneumonia
Bacteria: <i>Streptococcus pneumoniae</i>	Scheduled Shots: Very old or Very young. Usually 1 dose
Contagious:	Respiratory droplets from the nose or mouth of an infected person. Many people carry the bacteria unaware.


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Incubation:	20 hr to 4 days
Symptoms:	High fever, Cough, Shortness of breath, Rapid breathing , Chest pains
Possible Complication:	Ear infections, Sinus problems respiratory disease, hives, shock
Things to Consider:	1 in 20 people die if they get this pneumonia, however most people who get it has AIDS or some other serious disease.



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Cost of Pneumococcal Shots

Vaccine: \$35 per shot (x) 3 = \$105
Injection Fee \$12 per shot (x) 3 = \$36
Doctor Visit \$36 for 3 visits = \$108

Total Cost = \$249

*Reported cost when calling 3 various doctor offices 9/Nov/2006
In surround Patton Area


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Cost of Yearly Influenza Shot

Vaccine: \$22.50 per shot (x) 18 = \$405
 Injection Fee \$12 per shot (x) 18 = \$216
 Doctor Visit \$36 for 18 visits = \$648


Total Cost = \$1269

Reported cost when calling 2 various doctor offices 9/Nov/2006
 In surround Patton Area

One office quoted \$20 the other \$25 so we averaged it out.



Shot: HepA	Disease: Hepatitis A
Virus: Hepatitis A Virus	Scheduled Shots: 2 shots, #1 -12 months old #2 -18 months old
Contagious:	Personal Contact, but usually exposed through food or drink.



Incubation:	20 to 50 days
Symptoms:	Abdominal pain, Dark urine, Fatigue, fever/chills, jaundice, light-colored stools, nausea, pain in the liver area, vomiting
Complication of Disease:	Death
Complication of Vaccine:	Serious allergic reaction, Death



Cost of Hepatitis A Shots


Vaccine: \$85 per shot (x) 2 = \$170
 Injection Fee \$12 per shot (x) 2 = \$24
 Doctor Visit \$36 for 2 visits = \$72

Total Cost = \$266


Reported cost when calling 3 various doctor offices 9/Nov/2006
 In surround Patton Area



Shot: Rotavirus Shots	Disease: Severe diarrhea
Virus: Rotavirus	Scheduled Shots: 3 shot, #1 - 6 weeks old, #2 - 2 ½ months, #3 - 3 ½ months
Contagious:	Primarily transmission is fecal-oral



Incubation:	2 days
Symptoms:	Vomiting and watery diarrhea for 3 - 8 days, and fever and abdominal pain
Possible Complication:	Dehydration
Things to Consider:	Self limiting disease



Cost of Rotavirus Shots

Vaccine: \$58 per shot (x) 3 = \$174
 Injection Fee \$12 per shot (x) 3 = \$36
 Doctor Visit \$36 for 3 visits = \$108

Total Cost = \$318

Reported cost when calling 3 various doctor offices 9/Nov/2006
 In surround Patton Area



Shot: HPV	Disease: Cervical cancer
Virus: Human papillomavirus	Scheduled Shots: 3 shots #1 age 9 yrs old, #2 – 4 weeks later, #3 – 12 weeks later
Contagious:	Sexually transmitted disease



Incubation:	three to six months but symptoms maybe so subtle that it is undetectable for years.
Symptoms:	Possible visible genital warts, or have pre-cancerous changes in the cervix, vulva, anus, or penis
Possible Complication:	Cervical cancer
Things to Consider:	Abstinence ensures avoidance. If contracted, VS-C and L-lysine.




Cost of HVP Shots


Vaccine: \$150 per shot (x) 3 = \$105
 Injection Fee \$12 per shot (x) 3 = \$36
 Doctor Visit \$115 for 3 visits = \$345

Total Cost = \$831

Reported cost when calling 1 GYN doctor office 9/Nov/2006
 In surround Patton Area



Guess How Much is Made On a Vaccinated Child, VS an Unvaccinated Child?



Total Cost of Shots at 2006 prices until your daughter goes to college

3 - Hep B =	\$333	
5 - DPT =	\$380	•3 HVP = \$831
4 - Polio =	\$288	
4 - HIB =	\$462	•Tetanus = \$30+\$12
2 - MMR =	\$206	
1 - Chicken Pox =	\$256	•3 Rotavirus = 58+12 = 318
1 - Meningococcal =	\$131	
3 - Pneumococcal =	\$249	
2 - Hep A =	\$ 292	\$ 6198
18 - Influenza =	\$1269	
Total	\$4995.00	

UPCOMING Vaccines

- HIV
- Diabetes
- Obesity
- Bird Flu
- Prevention of intestinal infections



QUESTIONS???





