

Welcome!!!
Just hang On :o)
Our meeting will start soon.



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Disclaimer

This webinar is not to be used instead of going to a competent doctor. I do not directly nor indirectly dispense medical advice nor prescribe in any way alternative treatment!

In the event you use this information, which is only of historical value, you are prescribing for yourself which is still your constitutional right. I assume no responsibility.

I am independent in my attempt to educate the public. Although I do endorse some top quality products, I receive no financial support from any health or herb company for producing and sharing this information.

I also believe it is a crime that we have to pussy foot around the truth because there is a law that says that I cannot declare what changing your lifestyle and diet can do for your health, but I love this great country and will do my best to try to obey their law, even if I strongly disagree with them...

Natural health works slowly. I suggest that you do not stop medication without guidance of a doctor. I say this not only because it is the law, but because I BELIEVE STOPPING MEDICATION WITHOUT THE GUIDANCE OF A DOCTOR IS UNWISE AND DANGEROUS.

If you would like to make healthier changes in my diet and my doctor was not willing to help you while you work with a natural health practitioner, I suggest you find a doctor who values and respects his patient's rights and fire the doctor who would not!



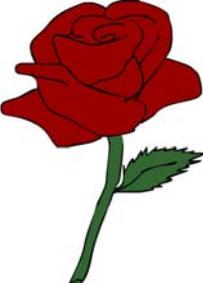
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Kinesiology

Kinesi = Muscles
Ology = Study of

A rose by any other name:

- Muscle Testing
- Applied Kinesiology
- Contact Reflex Analysis



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Kinesiology

We are energy... chemical and electrical
EKG
EEG
Hand on the radio

Animal instinct



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What Kinesiology Can Show

- Nutritional Deficiencies
- Virus Infection
- Bacterial Infection
- Yeast or Fungus Infection
- Polarity
- Systems or Organs which lack electrical output
- Hyper or hypo activity of a gland
- Best possible nutrient at that particular time
- What to work on first
- Acid/alkalinity balance
- If it is Environmental, Structural, Emotional or Electrical

Muscle testing can also help enhance the placebo effect.

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What Kinesiology Can't Show

- Determine the future
- Universal knowledge
- Diagnosis of Disease

NOTE: Not all people can be muscle tested, especially if their or your energy is too low.

Their polarity can be reversed

Muscle testing is more of an art than a science.

Your preconceived notion can effect the outcome.

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Preparation

To prepare for doing or receiving muscle testing you may want to:

- Ask permission to do the test
- Wear a polarizer such as a diode
- Make sure the tester and testee are properly hydrated
- It is better to take off all jewelry and metal
- Make sure that the testee does not have his tongue touching the roof of his mouth.
- Make sure both the testee and the tester are looking straight ahead

STRONG = means high energy, healthy, yes, correct herb or positive
WEAK = means low energy, unhealthy, no, incorrect supplement or negative



STEPS

Step #1 Make sure you have prepared

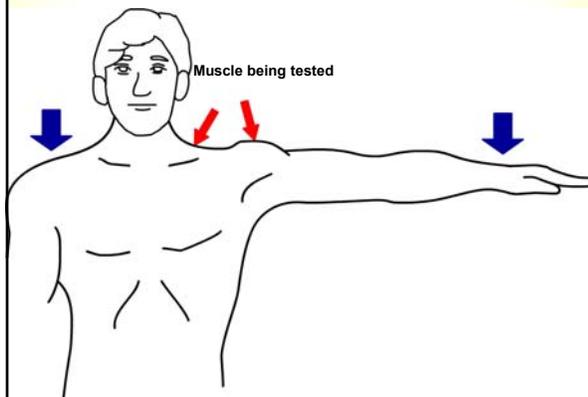
Step #2 Find base line strength

Step #3 Make sure polarity is correct

if unstable thump thymus, (rub back of ear...mastoid), side of the neck, rub 2 inches down from collar bone, close ileocecal valve, adjust ankles or hold: bee pollen, spirulina, THIM-J, Mood Elevator, Distress Remedy or Nature's Chi



Complete the Circuit



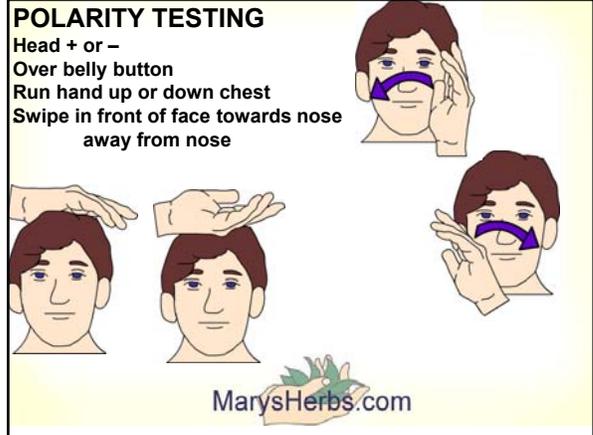
POLARITY TESTING

Head + or -

Over belly button

Run hand up or down chest

Swipe in front of face towards nose
away from nose



Reasons for Cross Polarity

Energy is flowing backwards

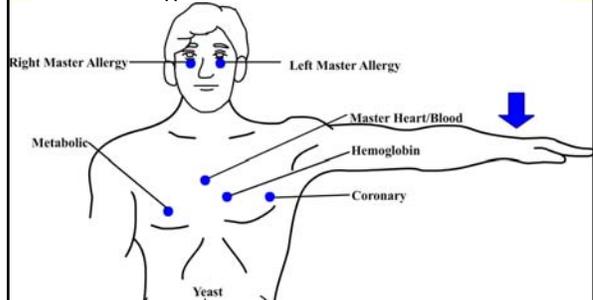
- Dehydration – test by tugging on hair
- Weak Thymus
- Low self esteem
- Trauma
- EMF's
- Weakened Energy (very poor health)
- Run down immune system

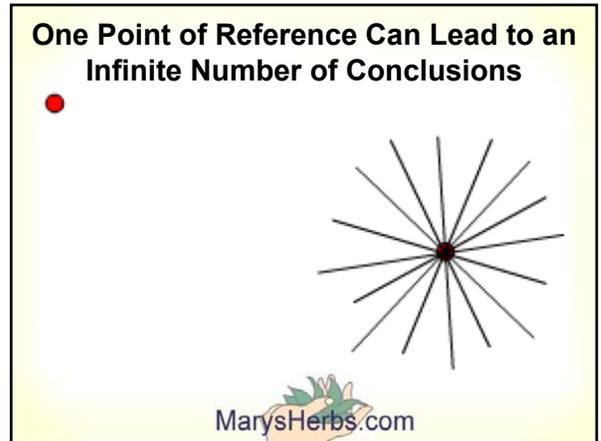
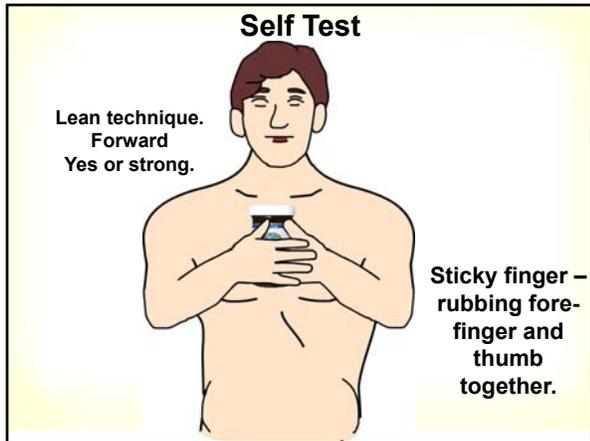
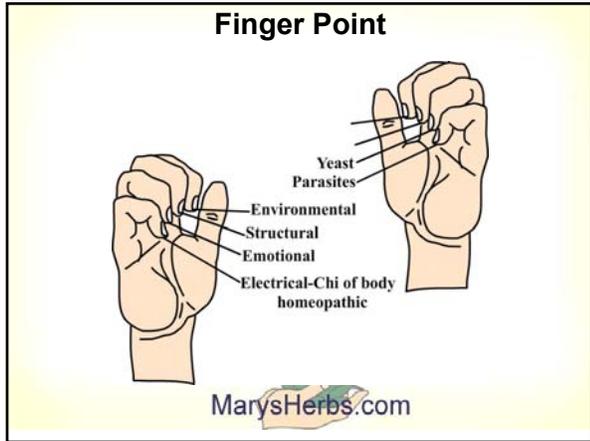
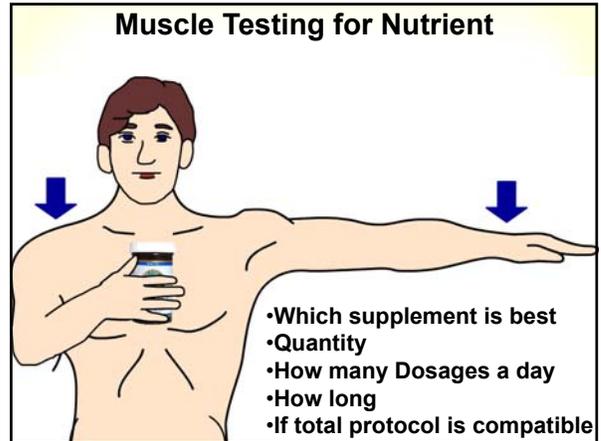
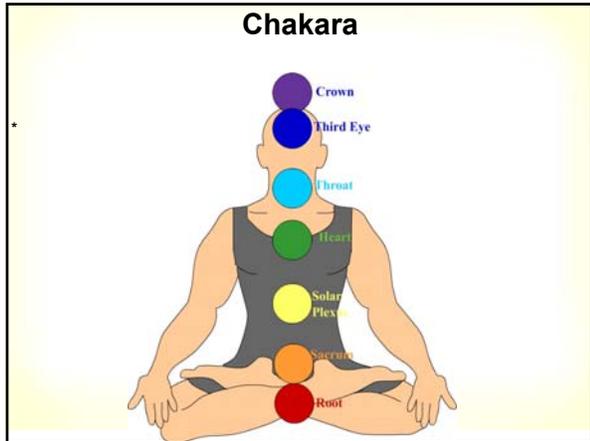


Types of Testing

CRA (Contact Reflex Analysis), or MRT (Muscle Response Testing) is a diagnostic tool which helps determine the health of an individual. Area which you indicate is approx. the size of a grapefruit.

Dr. Varsedull 7- 3 - 1 approach





Get a Second Point of Reference to Develop the Right Conclusion

Not a popular idea, but I would always use a second diagnosis modality with the muscle testing !!!



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