

Welcome!!!
Just hang On :o)
Our meeting will start soon.



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Disclaimer

This webinar is not to be used instead of going to a competent doctor. I do not directly nor indirectly dispense medical advice nor prescribe in any way alternative treatment.

In the event you use this information, which is only of historical value, you are prescribing for yourself which is still your constitutional right. I assume no responsibility.

I am independent in my attempt to educate the public. Although I do endorse some top quality products. I receive no financial support from any health or herb company for producing and sharing this information.

I also believe it is a crime that we have to pussy foot around the truth because there is a law that says that I cannot declare what changing your lifestyle and diet can do for your health, but I love this great country and will do my best to try to obey their law, even if I strongly disagree with them.

Natural health works slowly. I suggest that you do not stop medication without guidance of a doctor. I say this not only because it is the law, but because I BELIEVE STOPPING MEDICATION WITHOUT THE GUIDANCE OF A DOCTOR IS UNWISE AND DANGEROUS.

If you would like to make healthier changes in my diet and my doctor was not willing to help you while you work with a natural health practitioner, I suggest you find a doctor who values and respects his patient's rights and fire the doctor who would not!



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Yeast grows where it is moist and warm
Like under this woman's breast



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Yeast and Fungus on the Nails



Fungus on the Nails Indicates that Yeast is out of Control in the Bowel



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Yeast on the Underarm



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Causes of Yeast Overgrowth

- The Birth Control Pill
- Not being born vaginally
- Not being breast fed by mother who had a yeast balanced body
- Not being Circumcised
- Taking anti-biotics
- Eating Commercially raised meats
- Eating Packaged meats
- Eating Canned Foods
- Too many simple sugars: breads, noodles, foods containing any of the sugars

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The Six Steps to Yeast Control

1. Starve OUT
2. Natural Predator – fermented foods and probiotics
3. Caprylic acid – coconut oil
4. Immune – Yeast Fungal
5. pH balance
6. Don't get re-infected

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The Six Steps to Yeast Control

1. Starve OUT As with all diets check with a competent health practitioner before you start this diet.

Yeast Starving diet

Category of Foods	Do's	Don'ts
Carbohydrates/Sugars	Svevia, Ezekiel bread	Sugars.com syrup, honey, dextrose, glucose, fructose, molasses, maple syrup, malt and sorbitol, Breads, Noodles, White Rice.
Proteins	Organic: Meats, fish, eggs, Beans, Lentils, Most Nuts	Commercial Meats, Cashews, Peanuts, or Pistachio nuts, Scavenger Fish, Dairy products (except butter) smoked meats (sausages, hot dogs, corned beef/Tola, tempeh, miso
Fruits	Avacodos	Most Fruits
Vegetables	Most Vegetables are fine	No Potatoes, Corn, Peas. be prudent with Carrots and beets.
Fats	Olive, Butter, Fat supplements	Rancid oils, Canola
Beverages	Water and Non high sugar vegetable juices	Coffee, Tea, Soda, Milk products, Alcoholic beverages.
Condiments and Miscellaneous		Packaged and processed food, Leftovers (breeding ground for yeasts and molds), Edible fungi (mushrooms, morels, truffles), vinegar, horseradish, commercial tomato or barbecue sauce, pickled products, mustard, ketchup, sauerkraut, mince meat, mayonnaise, and salad dressings.

Fruits and Veggies for 6 Weeks ONLY

Basically you avoid Sugar & Simple Carbohydrates, Fermented, Moldy & Yeast-Containing Foods, and Commercial meats which contain antibiotics, and any food with a high glycemic index.
I would also avoid any unnecessary antibiotics.

The Six Steps to Yeast Control

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Always work with the other 5 basics

Then add:

- **Thrush**– Silver Shield Gel and sipping Feet-athletes feet or fungus toe nails --- vinegar soaks, plastic pot scrubber and tea tree oil
- **Organs/glands** – basics plus nourish that organ or gland
- **Brain** –L-glutamine and Frankincense
- **Intestine** – Keep bowels moving 3 times a day
- **Skin or Jock itch**– Pau D'arco lotion or Coconut oil
- **Folds of skin** – toilet paper or pads... keep dry
- **Vagina** – Douche with vinegar water/black walnut or plain yogurt

Pau D'arco tea

- **Sinus** – Silver Shield in Neti Pot

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The Six Steps to Yeast Control

6. Don't get re-infected

Iron Underwear
Wear mini-pads

Can be sexually transmitted so have husband also work on his yeast

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Symptoms of Yeast in Brain

Fatigue
Muddled thinking
Headache
Dizziness
Sweating and fever
Sinus Infections

Symptoms of Yeast in Organs & Glands

Menstrual irregularities
Loss of libido
Stiff, creaking and painful joints
Muscle pain
Heart arrhythmias
Cystitis
Sluggish function

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Test and Indicators

Spit in Water Yeast Test

Stringiness (Jellyfish like) on top of water

Suspended Cloud

Sinking Cloud

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Iridology – Yeast Shows in Bowel Area

Right Iris

Left Iris

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Iridology Indicates Yeast Overgrowth in Bowel ONLY



Normal Yeast in Bowel



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Yeast Overgrowth in Bowel



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Normal Yeast in Bowel



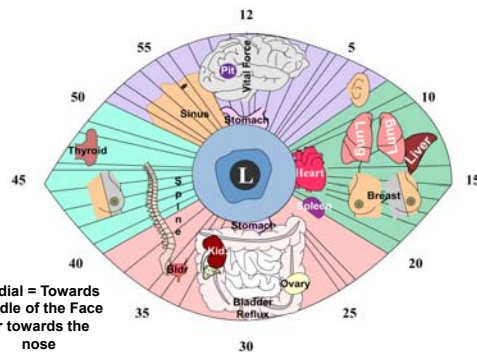
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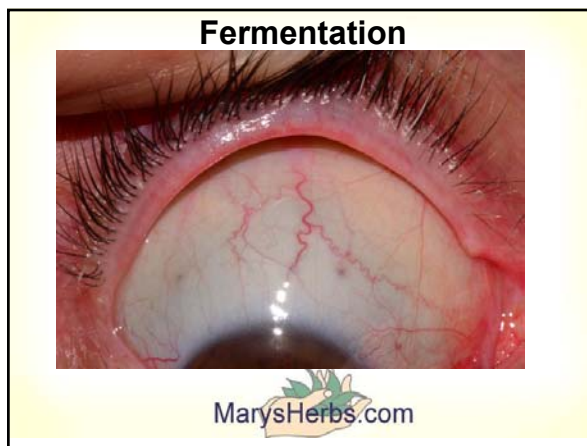
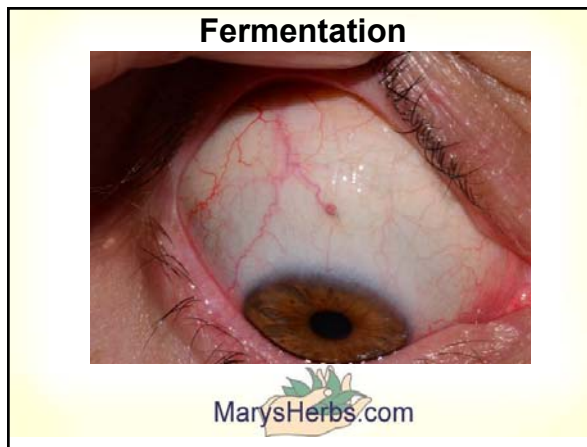
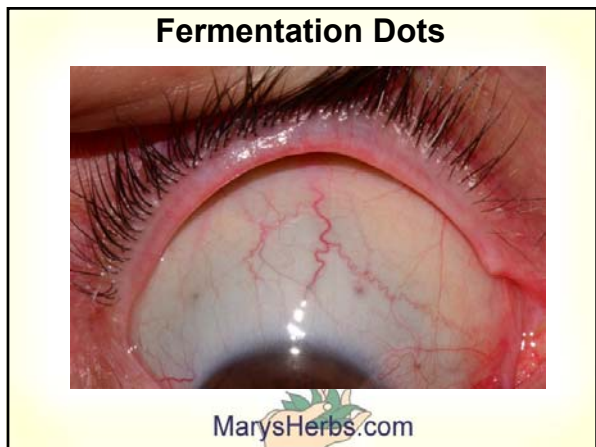
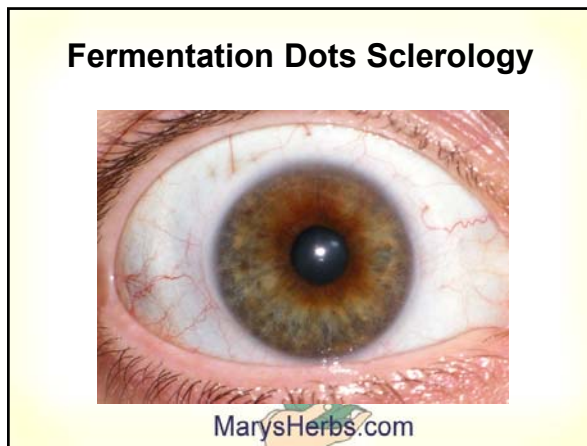
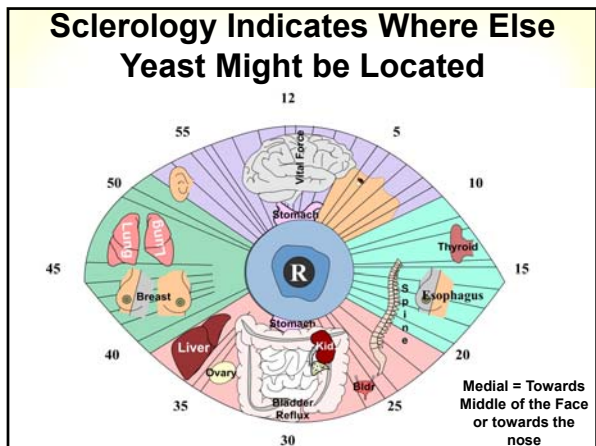
Yeast Overgrowth in Bowel



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Sclerology Indicates Where Else Yeast Might be Located





The Easy Approach

Must still follow diet & eat Fermented Foods



CANDIDA CLEAR
34 Day Cleansing Program
84 PACKETS - 336 CAPSULES

The Combo packet contains two capsules of Pau D'Arco, two capsules of Caprylic Acid and two capsules of Yeast/Fungal Detox. The Enzyme packet contains a proprietary blend of cellulase, protease concentrate, amylase, protease, bromelain, hemicellulase and glucoamylase.

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