

Disclaimer

This webinar is not to be used instead of going to a competent doctor. I do not directly nor indirectly dispense medical advice nor prescribe in any way alternative treatment.

In the event you use this information, which is only of historical value, you are prescribing for yourself which is still your constitutional right. I assume no responsibility.

I am independent in my attempt to educate the public. Although I do endorse some top quality products, I receive no financial support from any health or herb company for producing and sharing this information.

I also believe it is a crime that we have to pussy foot around the truth because there is a law that says that I cannot declare what changing your lifestyle and diet can do for your health, but I love this great country and will do my best to try to obey their law, even if I strongly disagree with them.

Natural health works slowly. I suggest that you do not stop medication without guidance of a doctor. I say this not only because it is the law, but because I BELIEVE STOPPING MEDICATION WITHOUT THE GUIDANCE OF A DOCTOR IS UNWISE AND DANGEROUS.

If you would like to make healthier changes in my diet and my doctor was not willing to help you while you work with a natural health practitioner, I suggest you find a doctor who values and respects his patient's rights and fire the doctor who would not!



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A husband and wife celebrating their 50 yr wedding anniversary while sitting at breakfast table.

Wife asks husband, do you remember that 50 years ago today we were on our honeymoon?

Husband says, yes, I do.

Wife asks, Do you remember at our honeymoon breakfast we ate in the nude, that we didn't even bother to get dressed?

Husband replies, yes, I do.

Wife suggests Why don't we reenact that day this morning?

Husband says ok, and they both get undressed and sit down to eat breakfast.

The Wife says, you know isn't it great that after all these years, I still feel a burning in my bosom for you?

Husband replies, That's probably because your one breast in your oatmeal and the other one in your coffee!



Heavy or Prolonged Periods

- FCS II
- Progyam 500
- Menstrual Reg
- Sage
- Liver Cleanse Formula



7 Dwarfettes in Menopause





Night sweats


Hot flashes

Sleep Difficulties

- Hormonal imbalance
- Liver is Detoxing
- Liver is not making enough Vitamin E

Flash Ease
Liver Cleanse Formula
Vitamin E






Bitchy

Hormonal imbalance
Adrenal (and thyroid) weakness
Thinning of myelin


- The liver has to filter out the hormones
- When the ovaries shrivel, the adrenals take over the production of estrogen and progesterone

Liver Cleanse Formula
Mood Elevator
Fatty Acids and Chinese Stress Relief



Psycho

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Itchy

Liver detoxing
Skin drying
Vaginal itching and drying

- As the hormonal shift goes from the ovaries to the adrenals, the weaker the liver the more profound the symptoms.
- The liver should filter out toxins and help produce Vitamins A, D and E.

•Liver Cleanse Formula
•Vitamins A, D3 and E



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Bloaty

Liver not digesting properly
Fat deposits around the middle

- Undigested food will ferment producing gas and bloating
- Insulin resistance can send blood sugar back to the liver where it is turned into fat and deposited around the middle

Liver Cleanse Formula
Proactyzme
Low carb diet



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Other symptoms are:

- Hair changes – less progesterone – Progyam 500 (14 days out of the month)
- Heart palpitations – Magnesium deficiency, CoQ10
- Loss of Libido – X Action for Women, X-Action Gel, KB-C
- Osteoporosis – Skeletal Strength, pH balanced diet, Progyam 500, Omega 3 Oils



FLOPSY

Vision
Muscle tone
Boobs become like puppy dog ears
Leaky Bladder

- Loss of muscle tone
- Change in digestion and hormones

-- Beta Carotene (Vit A) Grape with Protectors
-- Exercise, Omega 3 Oils, Colatrim
-- L- Carnitine and Breast Assured
-- Urinary Maintenance

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Forgetful

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Forgetful

Memory Lapses
Forgetfulness
Lightheadedness

- Lack of fatty acids
- Hormone imbalance
- Adrenals
- Liver

Evening Primrose Oil, Flaxseed Oil, or
Super Omega 3 Oils
Liver Cleanse Formula
Red Raspberry
Progam 500



4 women were sitting around the table complaining about menopause.....

The first one said, "Oh, MAN! I just cannot stand these hot flashes! The worst thing about menopause is hot flashes. I hate them! I hate them! I hate them!

The second one said "I've totally lost my sex drive... and even when we do try to have sex, it's a bit.. dry....I hate it! I hate it! I hate it!

The third one said "Oh, yeah? Those are both really bad, but not as bad as what I've got to deal with. Every time I sneeze or cough I dribble. It drives me crazy! I hate it! I hate it! I hate it!

The last one said, "thank goodness I don't have any signs of menopause knock on wood (knocks on wood) **"Come in!"**

Questions???



