

Disclaimer

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Natural health works slowly. I suggest that you do not stop medication without guidance of a doctor. I say this not only because it is the law, but because I BELIEVE STOPPING MEDICATION WITHOUT THE GUIDANCE OF A DOCTOR IS UNWISE AND DANGEROUS.

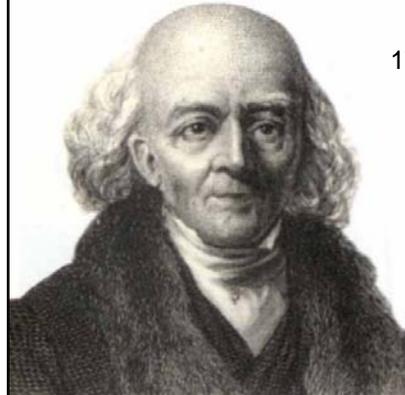
If you would like to make healthier changes in my diet and my doctor was not willing to help you while you work with a natural health practitioner. I suggest you find a doctor who values and respects his patient's rights and fire the doctor who would not!



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Samuel Hahnemann

1755-1843



HomeopathicLikes Cure Likes

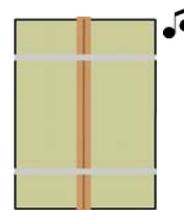
Homeopathy: from Greek
hómoios- ὅμοιος- "like-" +
páthos πάθος "suffering"

Proofing...An element which can cause a physical symptom, if diluted, can help the body overcome like symptoms.



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The more a homeopathic solution is diluted the stronger it gets.



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Removing the outer cardboard helps the sound be stronger



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Removing the Styrofoam packing helps the sound become even be stronger



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Law of Similars

What causes a reaction when diluted will help the body overcome a similar reaction.



Apis Mellifica

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Pain
Swelling
Redness
Heat
Inflammation

Arthritis and Hives



Apis Mellifica

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Pain
Swelling
Redness
Heat
Inflammation

The diluted bee venom should stimulate the body to produce what it needs to combat the venom which also helps the symptoms of arthritis.

Arnica

•Characteristics of: physical trauma, injuries and strains where condition has painful reaction to touch

•Remedy For: bruises, muscle strains, fractures, post surgical complications, when increasing physical activity, heart attack, stroke and concussion



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Belladonna

•Characteristics of: sudden symptoms for people who are typically of good health, conditions of intense thirst, red hot face or lips. throbbing pain

•Remedy For: fevers, measles, abscesses, kidney stones, gout, pain in right ovary



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Cinchona Officinalis

•Characteristics of: physical trauma, injuries and strains

•Remedy For: bruises, muscle strains, fractures, post surgical complications, when increasing physical activity

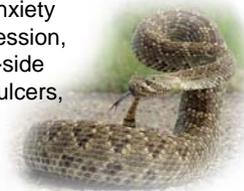


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Lachesis

•Characteristics of: women going through menopause

•Remedy For: nervous anxiety in evening, morning depression, hot flashes, bleeding, left-side dominant symptoms, leg ulcers, migraines



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Pulsatilla

•**Characteristics of:** timid, teen-like girl behavior... upsets easily but consoled easily

•**Remedy For:** discharge of non-irritating yellow pus, poor digestion of fats, erratic pains, varicose veins, breech presentation, flatulence, bloating after eating greasy foods



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Sulphur

•**Characteristics of:** optimistic, jovial people who often have ruddy complexions, whose symptoms are aggravated by heat and standing

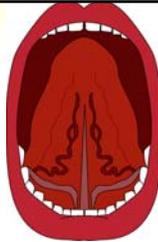
•**Remedy For:** eczema, diarrhea, red burning rashes, colds, cravings for fats, alcohol or sugar



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Guidelines

- Taken under tongue
- Take dosages every 15 for acute conditions.
- Take dosage 4 times a day for chronic conditions.
- If you don't notice improvement, switch to another homeopathic remedy
- Do not take herbs or medicines 45 minutes before or after taking any homeopathic remedies
- Do not eat or drink for 30-45 minutes after taking a homeopathic remedy



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• Do not take mints, peppermint oil, Tei fu oil, toothpaste, mouthwash or any other volatile liquid for 45 minutes after taking a remedy

• Coffee has an antidotal (neutralizing) affect on homeopaths and should be restricted

• Do not let the tip of the dropper touch lips, tongue or mouth (homeopathic formulas are so precise that the saliva introduced into the formula can change it's effectiveness)

• Do not touch tablets with your fingers; the acid from your hands can affect them also

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Critics say:

- The laws of chemistry state that there is a limit to the dilution that can be made without losing the original substance altogether
- Are Placebos

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Questions

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Questions

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