

## Disclaimer

This webinar is not to be used instead of going to a competent doctor. I do not directly nor indirectly dispense medical advice nor prescribe in any way alternative treatment.

In the event you use this information, which is only of historical value, you are prescribing for yourself which is still your constitutional right. I assume no responsibility.

I am independent in my attempt to educate the public. Although I do endorse some top quality products, I receive no financial support from any health or herb company for producing and sharing this information.

I also believe it is a crime that we have to pussy foot around the truth because there is a law that says that I cannot declare what changing your lifestyle and diet can do for your health, but I love this great country and will do my best to try to obey their law, even if I strongly disagree with them.

Natural health works slowly. I suggest that you do not stop medication without guidance of a doctor. I say this not only because it is the law, but because I BELIEVE STOPPING MEDICATION WITHOUT THE GUIDANCE OF A DOCTOR IS UNWISE AND DANGEROUS.

If you would like to make healthier changes in my diet and my doctor was not willing to help you while you work with a natural health practitioner, I suggest you find a doctor who values and respects his patient's rights and fire the doctor who would not!



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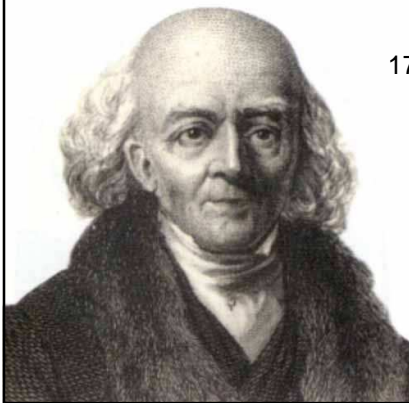
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## Samuel Hahnemann



1755-1843

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## Homeopathic .....Likes Cure Likes

Homeopathy: from [Greek](#)  
*hómoios- ὅμοιος*- "like-" +  
*páthos πάθος* "suffering"

Proofing...An element which can cause a physical symptom, when diluted, can help the body overcome like symptoms.

The more a homeopathic solution is diluted the stronger it gets.



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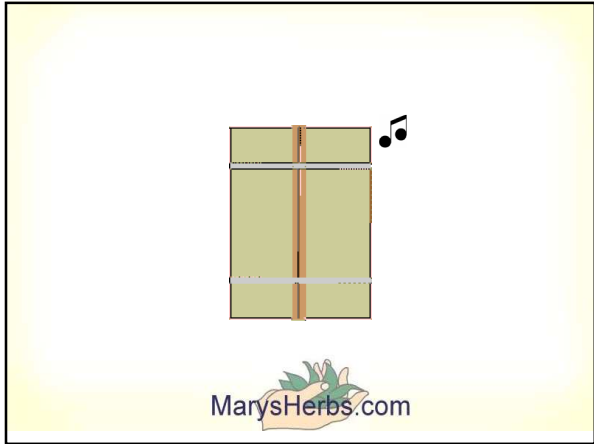
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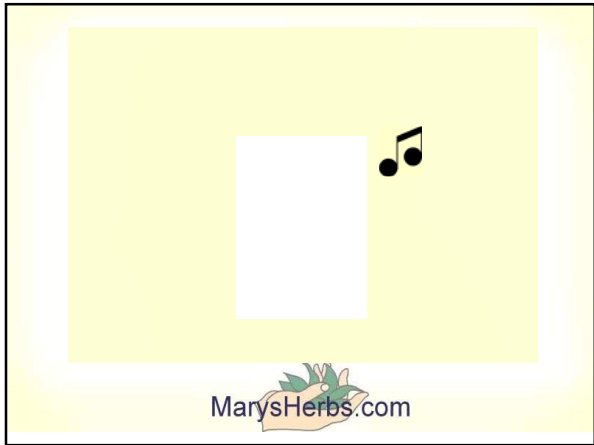
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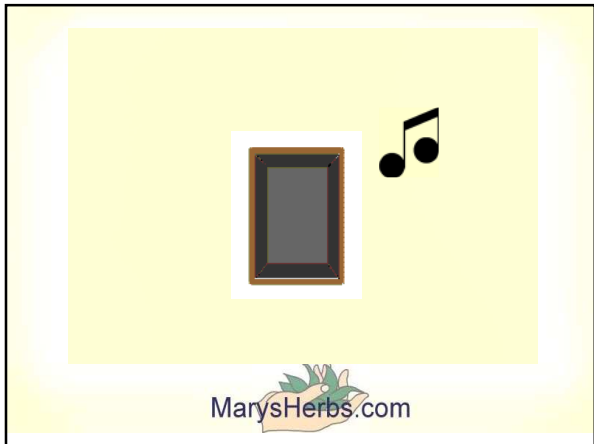
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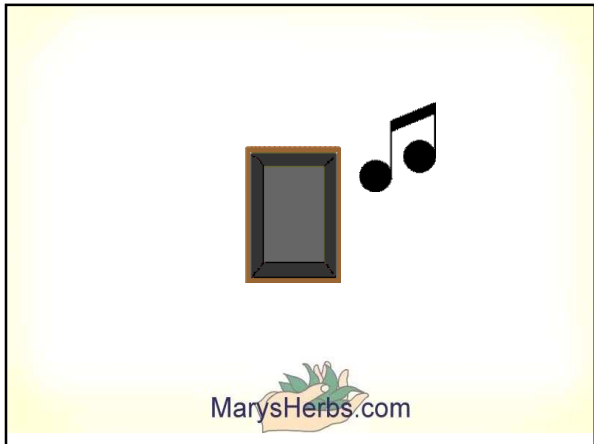
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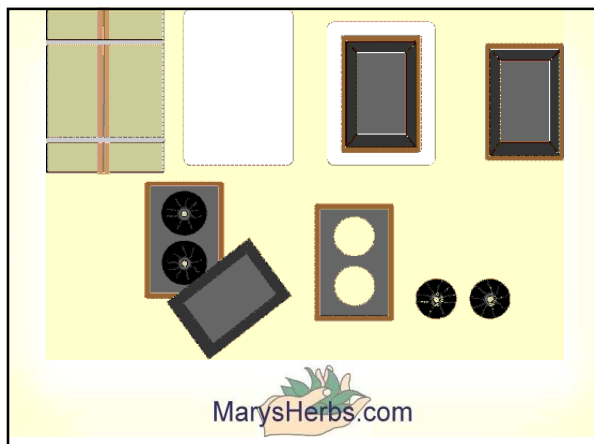
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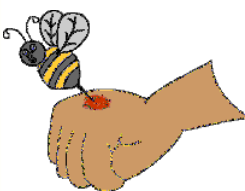
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### Law of Similars

What causes a reaction when diluted will help the body overcome a similar reaction.



Pain


Swelling

Redness

Heat

Inflammation

Apis Mellifica




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### Arthritis and Hives



Pain

Swelling


Redness

Heat

Inflammation

The diluted bee venom should stimulate the body to produce what it needs to combat the venom which also helps the symptoms of arthritis.

Apis Mellifica




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## Arnica

•Characteristics of: physical trauma, injuries and strains where condition has painful reaction to touch

•Remedy For: bruises, muscle strains, fractures, post surgical complications, when increasing physical activity, heart attack, stroke and concussion



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## Belladonna

•Characteristics of: sudden symptoms for people who are typically of good health, conditions of intense thirst, red hot face or lips. throbbing pain

•Remedy For: fevers, measles, abscesses, kidney stones, gout, pain in right ovary



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## Cinchona Officinalis

•Characteristics of: physical trauma, injuries and strains

•Remedy For: bruises, muscle strains, fractures, post surgical complications, when increasing physical activity



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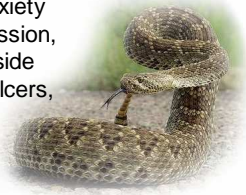
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## Lachesis

•Characteristics of: women going through menopause

•Remedy For: nervous anxiety in evening, morning depression, hot flashes, bleeding, left-side dominant symptoms, leg ulcers, migraines



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## Pulsatilla

•Characteristics of: timid, teen-like girl behavior... upsets easily but consoled easily

•Remedy For: discharge of non-irritating yellow pus, poor digestion of fats, erratic pains, varicose veins, breech presentation, flatulence, bloating after eating greasy foods



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## Sulphur

•Characteristics of: optimistic, jovial people who often have ruddy complexions, whose symptoms are aggravated by heat and standing

•Remedy For: eczema, diarrhea, red burning rashes, colds, cravings for fats, alcohol or sugar



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## Depression

- Bereavement... Ignatia Amara
- Mentally Strained ..... Kali Phosphoricum
- Disappointment in love.... Natrum muriaticum
- Menstruation or post natal.... Sepia
- If improved by eating Anacardium orientale
- If improved by being with other people....Arsenicum album
- Accompanied by anxiety ... Arsenicum album
- Hopeless feeling ...Arsenicum album
- Total indifference ..... Phosphoricum acidum
- Highs and lows ... Hyoscyamus niger
- Weight loss ... Natrum muriaticum

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## Insomnia

- Excess worrying ..... Arsenicum album
- Despite of the desire to sleep ..... Belladonna
- Worms in intestine .... Cina
- Staying up too late ..... Cocculus indicus
- Can't shut mind off..... Coffea cruda
- Neuralgia ..... Coffea cruda
- Afraid you can't get to sleep..... Gelsemium sempervirens
- After an emotional upset ..... Ignatia amara
- Feet are too hot ... Sulphur
- Slightest noise wakens.... Theridion
- Restless legs .... Zincum metallicum

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## Combination



- Allergies Hayfever/Pollen
- Allergies Mold/Yeast/Dust
- Asthma
- Bedwetting
- Caffeine Detox
- Cough Syrups DH, LP, NT
- Distress Remedy
- Healing AC Cream
- Nervousness
- Sinus
- Sprains and Pulls
- Tobacco Detox
- Vaccination Detox

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### Guidelines

- Taken under tongue
- If more than one homeopathic remedy is to be taken, take them 30 to 45 minutes apart to allow each one to work properly
- Do not take herbs or medicines 45 minutes before or after taking any homeopathic remedies
- Do not eat or drink for 30-45 minutes after taking a homeopathic remedy



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- Do not take mints, peppermint oil, Tei fu oil, toothpaste, mouthwash or any other volatile liquid for 45 minutes after taking a remedy

•Coffee has an antidotal (neutralizing) affect on homeopathics and should be restricted

- Do not let the tip of the dropper touch lips, tongue or mouth (homeopathic formulas are so precise that the saliva introduced into the formula can change it's effectiveness)

- Do not touch tablets with your fingers; the acid from your hands can affect them also



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### Critics say:

- Are Placebos

•The laws of chemistry state that there is a limit to the dilution that can be made without losing the original substance altogether



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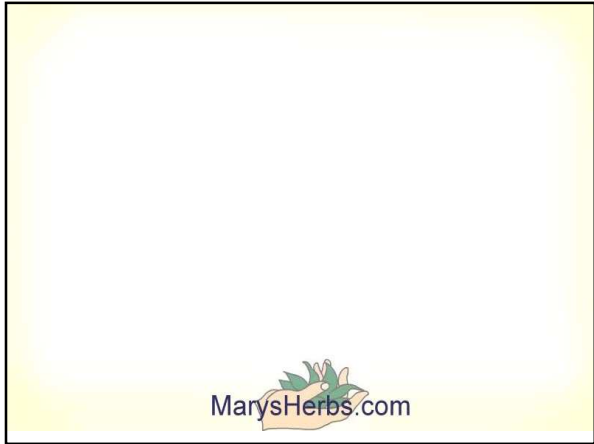
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