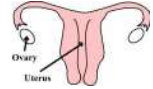


Drop a few pounds with
Weight Control Naturally
We will start momentarily



Ovary Type



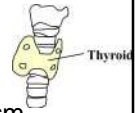
- Excess estrogen causes the body to hold weight below the belly button, buttocks and hips
- PMS
- Cyclic fatigue and brain fog
- Ovarian cysts .. Hair or acne around chin area



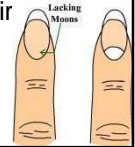
Suggestions

- Work with liver i.e. Liver Cleanse Formula
- FCS II
- Lachesis or Belladonna homeopathic

Thyroid Type



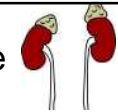
- Slows down metabolism
- Fat evenly distributed
- Low body temperature
- Feeling of dullness and poor mental focus
- Hair loss or coarse hair
- Dry Skin



Suggestions

- Kelp or Spirulina
- Thyroid Activator or Thyroid Support
- Target TS II or TS II

Adrenal Type



- Produces cortisol - - steroid which causes retaining fluid and fat
- Difficulty in getting out of bed in the morning
- Tired all the time
- Not tired until early in the morning
- Buffalo hump



Suggestions

- Mood Elevator
- Parsley
- Natural Sodium
- Pantothenic Acid

Liver Type



- Liver converts carbs into fat and places in the abdomen
- AKA Beer gut or pot belly
- Bloating or passing gas
- Waking up during the night

Suggestions

- Liver Cleanse Formula
- Avoid unnecessary meds and chemicals

Pituitary Type



- Need to have labor induced
- Small bust and holds weight usually waist and down
- Often looks younger or has baby face
- Headaches at ovulation

Suggestions

- Mastergland Formula
- Alfalfa
- Parsley